



**Seattle**  
Parks & Recreation

# SEATTLE CITYWIDE RECREATION PROGRAMS

## WINTER 2024 PROGRAMS

### COMMUNITY CENTERS:

#### ZONE ONE

DELRIDGE  
HIAWATHA  
HIGH POINT  
INT'L DISTRICT/CHINATOWN  
JEFFERSON  
RAINIER  
RAINIER BEACH  
VAN ASSELT

#### ZONE TWO

GARFIELD  
MILLER  
NORTHGATE  
QUEEN ANNE  
YESLER

#### ZONE THREE

BALLARD  
BITTER LAKE  
GREEN LAKE  
LOYAL HEIGHTS  
MAGNUSON  
MEADOWBROOK  
RAVENNA-ECKSTEIN

#### VIRTUAL PROGRAMS

ENVIRONMENTAL LEARNING



**REGISTER  
DECEMBER 5**

**REGISTER ONLINE:**  
[https://bit.ly/spr\\_activity\\_reg](https://bit.ly/spr_activity_reg)





# REGISTER DECEMBER 5

**Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.**

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

**Thank you for your continued support of Seattle Parks and Recreation.**

## FINANCIAL AID SCHOLARSHIPS AVAILABLE!



**NEW** online application, it's easy to apply. Available in 8 languages.

Visit [CiviForm](#) to learn more and apply. For more information, contact your local recreation facility or visit: <https://www.seattle.gov/parks/find/scholarships-and-financial-aid>

**Note:** Application can take up to two weeks to process and must be approved prior to registration when funds are available.



### FIRST CHOICE

Check out Seattle Parks and Recreation's online registration software at [http://bit.ly/spr\\_registration\\_account](http://bit.ly/spr_registration_account). Sign in or create an account if this is your first time registering for classes with the new software. Once you are logged in you can choose your programs and pay online.



### SECOND CHOICE

Call select recreation centers during their hours of operation at the phone number listed at: [www.seattle.gov/parks/centers.asp](http://www.seattle.gov/parks/centers.asp).



### THIRD CHOICE

Register by phone with our Business Service Center (BSC) at 206-684-5177, Monday-Friday between 8:30 a.m.-6 p.m. Email questions to: [ParksBSC@seattle.gov](mailto:ParksBSC@seattle.gov)



**We will no longer be doing vaccination screening or requiring masks to enter SPR recreation facilities. Please feel free to continue wearing a mask for your own comfort. We are asking that you self-screen prior to coming to a recreation facility to stop the spread of illness. If you are ill, please stay home.**

# GENERAL INFO

## ENVIRONMENTAL LEARNING CENTERS

### CAMP LONG

5200 35th Ave SW  
Seattle, WA 98126  
PH: 206-684-7434

### CARKEEK PARK\*

950 NW Carkeek Park Rd  
Seattle, WA 98177  
PH: 206-386-4236

### DISCOVERY PARK

3801 Discovery Park Blvd  
Seattle, WA 98199  
PH: 206-386-4236

## ZONE ONE COMMUNITY CENTERS

### DELRIDGE CC

4501 Delridge Way SW  
Seattle, WA 98106  
PH: 206-684-7423  
Fax: 206-684-7424

### HIAWATHA CC\*

2700 California Ave SW  
Seattle, WA 98116

### HIGH POINT CC

6920 34th Ave SW  
Seattle, WA 98126  
PH: 206-684-7422  
Fax: 206-684-7402

### INT'L DISTRICT/ CHINATOWN CC

719 8th Ave S  
Seattle, WA 98104  
PH: 206-233-0042  
Fax: 206-233-5036

### JEFFERSON CC

3801 Beacon Ave S  
Seattle, WA 98108  
PH: 206-684-7481  
Fax: 206-684-7483

### RAINIER CC

4600 38th Ave S  
Seattle, WA 98118  
PH: 206-386-1919  
Fax: 206-386-1904

### RAINIER BEACH CC

8825 Rainier Ave S  
Seattle, WA 98118  
PH: 206-386-1925  
Fax: 206-386-1510

### SOUTH PARK CC\*

8319 8th Ave S  
Seattle, WA 98108

### VAN ASSELT CC

2820 S Myrtle St  
Seattle, WA 98108  
PH: 206-386-1921  
Fax: 206-386-1894

## ZONE TWO COMMUNITY CENTERS

### GARFIELD CC

2323 E Cherry St  
Seattle, WA 98122  
PH: 206-684-4788  
Fax: 206-684-4380

### MAGNOLIA CC\*

2550 34th Ave W  
Seattle, WA 98199  
PH: 206-386-4235  
Fax: 206-386-4230

### MILLER CC

330 19th Ave E  
Seattle, WA 98112  
PH: 206-684-4753  
Fax: 206-684-4397

### MONTLAKE CC\*

1618 E Calhoun St  
Seattle, WA 98112  
PH: 206-684-4736  
Fax: 206-233-7140

### NORTHGATE CC

10510 5th Ave NE  
Seattle, WA 98125  
PH: 206-386-4283  
Fax: 206-684-4990

### QUEEN ANNE CC

1901 1st Ave W  
Seattle, WA 98119  
PH: 206-386-4240  
Fax: 206-386-4284

### YESLER CC

917 E Yesler Way  
Seattle, WA 98122  
PH: 206-386-1245  
Fax: 206-684-7787

## ZONE THREE COMMUNITY CENTERS

### BALLARD CC

6020 28th Ave NW  
Seattle, WA 98107  
PH: 206-684-4093  
Fax: 206-684-7199

### BITTER LAKE CC

13035 Linden Ave N  
Seattle, WA 98133  
PH: 206-684-7524  
Fax: 206-684-0858

### GREEN LAKE CC

7201 E Green Lake Dr N  
Seattle, WA 98115  
PH: 206-684-0780  
Fax: 206-684-7550

### LOYAL HEIGHTS CC

2101 NW 77th St  
Seattle, WA 98117  
PH: 206-684-4052

### LAURELHURST CC\*

4554 NE 41st St,  
Seattle, WA 98112  
PH: 206-684-7529

### LAKE CITY CC\*

12531 28th Ave NE  
Seattle, WA 98125  
PH: 206-256-5645

### MAGNUSON CC

7110 62nd Ave NE  
Seattle, WA 98115  
PH: 206-684-7026

### MEADOWBROOK CC

10517 35th Ave NE  
Seattle, WA 98125  
PH: 206-684-7522  
Fax: 206-684-4921

### RAVENNA-ECKSTEIN CC

6535 Ravenna Ave NE  
Seattle, WA 98115  
PH: 206-684-7534  
Fax: 206-233-3973

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\*Location is closed, see page 22 regarding our Community Center Improvement Project

# GENERAL INFO

HAVE A GOOD CLASS IDEA?

INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?

Please contact the Assistant Coordinators listed to the below with your programming idea(s).

CLASSES ARE SCHEDULED APPROXIMATELY SIX MONTHS IN ADVANCE.

## COORDINATORS/ASST. COORDINATORS

### BALLARD CC

**C:** Tim Ewings | timothy.ewings@seattle.gov  
**AC:** Carmen Lau-Woo | carmen.lauwoo@seattle.gov

### BITTER LAKE CC

**C:** Cynthia Etelamaki | cynthia.etelamaki@seattle.gov  
**AC:** Richard By | richard.by@seattle.gov  
**AC:** Liam McFeely | liam.mcfely@seattle.gov

### CAMP LONG

**C:** Matt Kastle | matt.kastle@seattle.gov

### CARKEEK PARK

**C:** Becca Reilly | becca.reilly@seattle.gov

### DELRIDGE CC

**C:** Kiki Kennedy | kiki.kennedy@seattle.gov  
**AC:** Julie Nguyen | julie.nguyen@seattle.gov

### DISCOVERY PARK

**C:** Becca Reilly | becca.reilly@seattle.gov

### GARFIELD CC

**C:** Derryn Anderson | derryn.anderson@seattle.gov  
**AC:** Jennifer Romo | jennifer.romo@seattle.gov

### GREEN LAKE CC

**C:** Jewels Jugum | jewels.jugum@seattle.gov  
**AC:** Mary Pat Byington | marypat.byington@seattle.gov

### HIGH POINT CC

**C:** Tamela Thomas | tamela.thomas@seattle.gov  
**AC:** Buck Buchanan | buck.buchanan@seattle.gov

### Hiawatha CC (Closed)

**C:** Andrea Wooley | andrea.wooley@seattle.gov

### INTERNATIONAL DISTRICT/CHINATOWN CC

**C:** Doreen Deaver | doreen.deaver@seattle.gov  
**AC:** Christine Lesh | christine.lesh@seattle.gov  
**AC:** Andrew Nguyen | andrew.nguyen2@seattle.gov

### JEFFERSON CC

**C:** Paul Davenport | paul.davenport@seattle.gov  
**AC:** Karyn Leung | karyn.leung@seattle.gov

### LAKE CITY CC (Closed)

**AC:** Penny Atwood | penny.atwood@seattle.gov

### LAURELHURST CC (Closed)

**C:** Rob Bellm | rob.bellm@seattle.gov  
**AC:** Trixie Magsarili | trixie.magsarili@seattle.gov

### LOYAL HEIGHTS CC

**C:** Nick White | nick.white@seattle.gov  
**AC:** Xavier Walker | xavier.walker@seattle.gov

## CLOSURES



12/25  
1/1  
1/15  
2/19  
3/7

Christmas Day  
New Years Day  
Martin Luther King Jr. Day  
President's Day  
Recreation In-Service Day

## PARKS MANAGEMENT

**A.P. Diaz**  
*Superintendent*  
**Mike Plympton**  
*Aquatics Manager*  
**Tia Scott**  
*Facilities & Youth Sports Manager*  
**Chukundi Salisbury**  
*Environmental Programs & Sustainable Operations Manager*

**Daisy Catague**  
*Recreation Director*  
**Barb Wade**  
*Recreation Manager*  
**Trevor Gregg**  
*Recreation Manager*  
**Tom Walsh**  
*Recreation Manager*

### MAGNOLIA CC (Closed)

**C:** Chris Easterday | chris.easterday@seattle.gov  
**AC:** Andrew Nguyen | andrew.nguyen@seattle.gov

### MAGNUSON CC

**C:** Kim LeMay | kim.lemay@seattle.gov  
**AC:** Penny Atwood | penny.atwood@seattle.gov

### MEADOWBROOK CC

**C:** Douglas Oaksford | douglas.oaksford@seattle.gov  
**AC:** Heather Wyatt | heather.wyatt@seattle.gov

### MILLER CC

**C:** Jacqueline Oaksford | jacqueline.oaksford@seattle.gov  
**AC:** Alicen Barney | alicen.barney@seattle.gov

### MONTLAKE CC (Closed)

**C:** Stefan Schmidt | stefan.schmidt@seattle.gov  
**AC:** Emily Whybra | emily.whybra@seattle.gov

### NORTHGATE CC

**C:** Katie Fridell | katie.fridell@seattle.gov  
**AC:** Santy Villarico | santy.villarico@seattle.gov

### QUEEN ANNE CC

**C:** Gina Saxby | gina.saxby@seattle.gov  
**AC:** Bethany Woolsey | bethany.woolsey@seattle.gov

### RAINIER CC

**C:** Staci Doan | staci.doan@seattle.gov  
**AC:** George Yasutake | george.yasutake@seattle.gov

### RAINIER BEACH CC

**C:** Martha Winther | martha.winther@seattle.gov  
**AC:** Heather Nguyen | heater.nguyenhuynh@seattle.gov  
**AC:** Betty Aynete | betty.aynete@seattle.gov

### RAVENNA-ECKSTEIN CC

**C:** Cameron Rivera-Flodine | cameron.rivera-flodine@seattle.gov  
**AC:** Trixie Magsarili | trixie.magsarili@seattle.gov

### SOUTH PARK CC (Closed)

**C:** Zara Soares | zara.soares@seattle.gov

### VAN ASSELT CC

**C:** Darin Olsen | darin.olsen@seattle.gov  
**AC:** Sam Chesneau | samuel.chesneau@seattle.gov

### YESLER CC

**C:** Gary Alexander | gary.alexander@seattle.gov  
**AC:** Faizah Osayande | faizah.osayande@seattle.gov

# PRESCHOOL

## 2023-2024 PRESCHOOL PROGRAMS | AGES 3-5

### PRESCHOOL PROGRAM

Seattle Parks and Recreation offers half-day or full-day preschool programs at various locations across Seattle. These low-cost early childhood programs provide a safe, happy, healthy learning environment for preschool children.

Seattle Preschool Program (SPP) and Pathways Preschool Program utilize *Creative Curriculum for Preschool* from Teaching Strategies Gold (TSG). This research-based curriculum offers early childhood educators a comprehensive collection of resources and assessment tools to help them build high-quality programs. Children will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool program meets the development needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

### SEATTLE PRESCHOOL PROGRAM (SPP) (Full-Day/6 hour Programs)

ALKI @ SCHMITZ PARK

BALLARD COMMUNITY CENTER

BITTER LAKE COMMUNITY CENTER

MEADOWBROOK COMMUNITY CENTER

### PATHWAYS PRESCHOOL PROGRAM (Half-Day/3.5 hour Program)

QUEEN ANNE COMMUNITY CENTER

### NATURE KIDS PRESCHOOL (Half-Day/3.5 hour Program)

DISCOVERY PARK VISITOR CENTER

### DETAILS:

- **Ages:** 3-5 years
- **Cost:** Varies by program. For more information, visit: [bit.ly/3KRMcEo](https://bit.ly/3KRMcEo). For questions, contact Early Learning Program Coordinator: Katie Sifford at [katie.sifford@seattle.gov](mailto:katie.sifford@seattle.gov)
- Low teacher-child ratio of 1:8
- Staff is trained in Early Childhood Education, CPR/First Aid, and safe food handling practices.

### REGISTRATION

- Registration is now open!
- Scholarships are available!
- Seattle Preschool Programs must be registered through the Department of Education and Early Learning (DEEL). For more information and access to the 2023-2024 SY application, please visit: <https://www.seattle.gov/education/for-parents/child-care-and-preschool/seattle-preschool-program>
- Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13) or ePact. If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.

**Note:** This is a City of Seattle Pathways program, which is an entry level to the Seattle Preschool Program (SPP) where partial or full subsidies are available. Please inquire at the Community Center front desk for an application.

This is a City of Seattle Preschool Program (SPP), where partial or full subsidies are available. These programs are NOT registrable through Seattle Parks and Recreation. Please call (206) 386-1050 for details or visit [bit.ly/sprseattlepreschoolprogram](https://bit.ly/sprseattlepreschoolprogram).

*Times and prices may change. Please check with your local community center for details closer to the registration date.*



### CLOSURE DATES:

**12/25** Christmas Day      **1/15** Martin Luther King Jr. Day      **3/7** Recreation In-Service Day  
**1/1** New Years Day      **2/19** President's Day

*Check with your local community center for additional closures.*

# SCHOOL AGE CARE

## 2023-2024 SCHOOL-AGE CARE AFTER SCHOOL PROGRAMS | AGES: 5-12

Do you want your child to have fun, engaging opportunities that support continued learning and personal growth outside of school?

The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking.

We make it our mission to promote self-awareness, self-control, conflict resolution skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.

### HIGHLIGHTS:

- Quality and consistent care with qualified staff.
- We welcome all members of the community!
- Scholarship are available and WCCC subsidies are also accepted.
- Break Camps are offered for an additional charge at hub locations throughout the city for November Parent/Teacher Conferences, Winter Break, Mid-Winter Break, and Spring Break.

### REGISTRATION IS NOW OPEN

- \$25 registration fee is required for signing up and balance of September fees are due two weeks prior to first program day.
- Additional participant information and medically verified immunization form will be required in ePACT prior to participation.
- Scholarship applications are now available for the Seattle Parks and Recreation Scholarship Cycle, Summer 2023-Spring 2024. More information can be found online: <https://www.seattle.gov/parks/scholarships-and-financial-aid>
- Registration can be done at your community center or online. Program details may change. If you have questions or concerns, please contact the community center.
- Prices vary per month by amount of days program is offered and can be found online at: [https://bit.ly/SPR\\_2023-2024SAC Pricing](https://bit.ly/SPR_2023-2024SAC Pricing)



### CLOSURE DATES:

**12/25** Christmas Day      **1/15** Martin Luther King Jr. Day      **3/7** Recreation In-Service Day  
**1/1** New Years Day      **2/19** President's Day

Check with your local community center for additional closures.

### ZONE ONE

ALKI @ SCHMITZ PARK  
HIAWATHA @ GENESEE HILL  
HIAWATHA @ LAFAYETTE  
HIGH POINT COMMUNITY CENTER  
JEFFERSON COMMUNITY CENTER  
RAINIER COMMUNITY CENTER  
RAINIER @ JOHN MUIR  
RAINIER BEACH COMMUNITY CENTER  
VAN ASSELT COMMUNITY CENTER

### ZONE TWO

MONTLAKE @ MCGILVRA  
NORTHGATE COMMUNITY CENTER  
QUEEN ANNE COMMUNITY CENTER

### ZONE THREE

BALLARD COMMUNITY CENTER  
BITTER LAKE @ BROADVIEW THOMSON  
MAGNOLIA @ BLAINE  
MEADOWBROOK COMMUNITY CENTER  
RAVENNA-ECKSTEIN @ THORTON CREEK  
RAVENNA-ECKSTEIN @ WEDGWOOD

# TOT DROP-IN PROGRAMS



## TOT GYM

Looking for a dry, warm place to let your child play inside? Our playroom is full of toys, mats, and slides. Parent supervision is required at ALL times. Must register for a Quick Card at the front desk on your first visit. No food or drinks allowed in the playroom. We do have tables and chairs in the hallway for serving snacks and drinks.

▼ <b>BALLARD CC</b>	<b>Ages 5 and Under</b>			
63405	1/8-3/29	M/W/F	10 a.m.-12:30 p.m.	FREE
▼ <b>BITTER LAKE CC</b>	<b>Ages 9 months-6 Years</b>			
62311	1/3-3/31	M/W/Su	10:30 a.m.-12:30 p.m.	FREE
▼ <b>GARFIELD CC</b>	<b>Ages 5 and Under</b>			
62553	1/8-4/3	M/W	10 a.m.-1 p.m.	FREE
▼ <b>HIGH POINT CC</b>	<b>Ages 5 and Under</b>			
	1/2-3/28	Tu/Th	10 a.m.-12:30 p.m.	FREE
▼ <b>JEFFERSON CC</b>	<b>Ages 5 and Under</b>			
62522	1/2-3/28	Tu/Th	10 a.m.-2 p.m.	FREE
▼ <b>LOYAL HEIGHTS</b>	<b>Ages 5 and Under</b>			
62748	1/2-3/28	Tu/Th	10 a.m.-1 p.m.	FREE
▼ <b>MAGNUSON CC</b>	<b>Ages 5 and Under</b>			
62382	1/10-3/27	Wednesday	9:30 a.m.-11:30 p.m.	FREE
▼ <b>MEADOWBROOK CC</b>	<b>Ages 5 and Under</b>			
63207	1/3-3/27	M/W/F	12:30-2:30 p.m.	FREE
▼ <b>MILLER CC</b>	<b>Ages 5 and Under</b>			
63164	1/2-3/28	Tu/Th	10 a.m.-1 p.m.	FREE
▼ <b>NORTHGATE CC</b>	<b>Ages 5 and Under</b>			
63572	1/2-3/28	Tu/Th	9-11:30 a.m.	FREE
▼ <b>QUEEN ANNE CC</b>	<b>Ages 5 and Under</b>			
	1/2-3/28	Tu/Th	9:30 a.m.-12:30 p.m.	FREE
▼ <b>RAINIER CC</b>	<b>Ages 5 and Under</b>			
63085	1/3-3/25	M/W	10 a.m.-Noon	FREE
▼ <b>RAINIER BEACH CC</b>	<b>Ages 2-5</b>			
62606	1/4-3/29	M/Th/F	9 a.m.-Noon	FREE
▼ <b>RAVENNA- ECKSTEIN CC</b>	<b>Ages 5 and Under</b>			
62487	1/2-3/28	Mon-Thu	12:30-2:30 p.m.	FREE
▼ <b>VAN ASSELT CC</b>	<b>Ages 5 and Under</b>			
62580	1/23-3/28	Tu/Th	11 a.m.-2 p.m.	FREE
▼ <b>YESLER CC</b>	<b>Ages 5 and Under</b>			
63246	1/3-3/29	M/W/F	11 a.m.-1 p.m.	FREE

## TODDLER PLAYROOM

Your child will play, learn, and develop both motor and social skills in this highly interactive drop-in play time. They will meet new friends, play on bouncy toys, ride scooters and much more. Parents must always accompany their child.

▼ <b>BALLARD CC</b>	<b>Ages 5 and Under</b>			
63406	1/8-3/29	Mon-Fri	10 a.m.-8 p.m.	FREE
	9/5-12/29	Saturday	10 a.m.-5 p.m.	FREE
	9/5-12/29	Sunday	10 a.m.-2 p.m.	FREE
▼ <b>GREEN LAKE CC</b>	<b>Ages 5 and Under</b>			
62503	1/2-3/29	Mon-Fri	10 a.m.-8 p.m.	FREE
	1/6-3/30	Saturday	8:30 a.m.-4:30 p.m.	FREE

## TOT ROOM

Visit our dedicated play space filled with toys for children of all shapes, sizes, and mobility. This is a Drop-In activity and request that you use a membership card when checking in at front desk. Some of these spaces are available to rent, too. Parental supervision is required.

▼ <b>DELRIDGE CC</b>	<b>Ages 5 and Under</b>			
63526	1/2-3/29	Mon-Fri	10:15 a.m.-6 p.m.	FREE
	1/6-3/30	Saturday	10:15 a.m.-5 p.m.	FREE
▼ <b>DISCOVERY PARK VISITOR CENTER</b>	<b>Ages 5 and Under</b>			
	1/2-3/29	Tu-F	11 a.m.-5 p.m.	FREE
	1/6-3/30	Saturday	8:30 a.m.-5 p.m.	FREE
▼ <b>MILLER CC</b>	<b>Ages 5 and Under</b>			
63165	1/2-3/29	Mon-Fri	10 a.m.-6:30 p.m.	FREE
▼ <b>QUEEN ANNE CC</b>	<b>Ages 4 and Under</b>			
	1/2-3/29	Mon-Fri	9 a.m.-7:30 p.m.	FREE
	1/6-3/30	Saturday	9 a.m.-4 p.m.	FREE

# DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.



Late Night is a safe and supportive environment for teens ages 13-19. This recreation-based program is held on Friday and Saturday evenings from 7p.m.-12a.m., with a focus on positive teen interactions and engagement where all teens are welcome. Dinner is provided each night.

▼ <b>BITTER LAKE CC</b>	<b>Ages 13-19</b>		
<b>1/5-3/30</b>	<b>F/Sa</b>	<b>7 p.m.-Midnight</b>	<b>FREE</b>
▼ <b>RAINIER BEACH CC</b>	<b>Ages 13-19</b>		
<b>62616 1/5-3/29</b>	<b>Friday</b>	<b>7 p.m.-Midnight</b>	<b>FREE</b>

## BALLARD CC

### JUGGLING All Ages

Half the gym will be available to the juggling club. Learn this impressive skill and show your friends. They'll want to join you next time so they can learn too!

**63412 1/10-3/27 Wednesday 6:15-8:45 p.m. FREE**

## GARFIELD CC

### AFTER SCHOOL HANGOUT Ages 12-18

Enjoy this safe place for tweens and teens to gather, socialize and play games. Activities include pool, foosball, board games, music sharing, and more. FREE Wi-Fi access.

**63076 1/2-4/4 Tu/Th 3:45-5:30 p.m. FREE**  
**1/3-4/3 Wednesday 2:35-5:30 p.m. FREE**

### SOUL LINE DANCE Ages 18 and Older

Join this FREE, fun, and energetic class for all ages. Moving to R&B music will push you through several stages of line dance intensity as we get our heart rates up while inches fall off. This exercise caters to all fitness levels. Brought to you by Seattle Parks and Recreation's Rec4All Grant.

**62552 1/6-4/13 Saturday 10 a.m.-Noon FREE**

## JEFFERSON CC

### ADULT TAI CHI Ages 18 and Older

Stretch and relax your mind, body, and spirit in our Tai Chi class. Suited for all levels. Dress in comfortable clothing that allows you to move freely.

**62517 1/5-3/27 Wednesday 9:30-11 a.m. FREE**

### AFTER SCHOOL HANGOUT Ages 12-18

Our Hangout Room is a safe place for teens to gather, socialize and play various games. Activities include jenga, board games, video games, music sharing, and more. FREE Wi-Fi access.

**62519 1/8-3/25 M/Tu/Th/F 3:30-6 p.m. FREE**

### BALLROOM & LINE DANCE Ages 16 and Older

Come dance to the rhythm of ballroom dance. Come with a partner or by yourself for a fun day of dancing. No experience necessary.

**62513 1/3-3/27 Wednesday 1-3 p.m. FREE**

### FIBER ARTS GROUP Ages 18 and Older

Bring your quilting, textile arts and crafts projects to work on. Share ideas and enjoy the company of other crafters. No formal instruction provided.

**62516 1/5-3/29 Friday 11 a.m.-2 p.m. FREE**

### TEEN ADVISORY COUNCIL Ages 12-17

Utilize your leadership skills, be active and involved in planning field trips, special events, fundraising and giving back to the community.

**62518 1/3-3/27 Wednesday 5-6 p.m. FREE**

### TEEN CHEF & GARDENING Ages 12-17

Learn from chefs, and create a menu. We will use a budget to gather ingredients available. We will also create healthy snacks and meals with our own teen tended garden, and then plan on what to plant.

**62520 1/10-3/27 Wednesday 3-5 p.m. FREE**

### TEEN PEER TUTORING Ages 12-17

Teens will work together and help each other with homework while making new friends.

**62521 1/2-3/28 Tu/Th 4-6 p.m. FREE**



# DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

## INTERNATIONAL DISTRICT/CHINATOWN CC

### 50 & UP FUN

Ages 50 and Older

Come play a variety of games, including ping pong and Mahjong! Five Donic Delhi 25 tables and two Mahjong tables will be set up for your enjoyment.

**62561 1/8-4/26 M/Tu/W/F 3-5 p.m. FREE**

### CHINESE DANCE

Ages 18 and Older

Through music and movement, dancers will be immersed in culture and community in this Chinese dance class.

**62634 1/2-3/28 Tu/Th 11:15 a.m.-1 p.m. \$2/\$3**

### GENTLE YOGA

Ages 50 and Older

Relax using disciplined techniques of traditional yoga to enhance strength and well-being.

**62641 1/4-3/28 Thursday 1:30-2:30 p.m. \$5**

### ZUMBA

Ages 16 and Older

Zumba® combines high energy, motivating music, and unique moves that allow you to dance away your worries. The routines feature aerobic/fitness interval training, combining fast and slow rhythms that tone and sculpt the body.

**62561 1/6-3/30 Saturday 10-11 a.m. \$5**

## MEADOWBROOK CC

### BOARD GAMES

Ages 7 and Older

Bring your favorite game or try one of ours during some community fun! All ages are welcome, but children under 12 must be accompanied by an adult. Come match with members of your community.

**63198 1/6-3/30 Saturday 9:30 a.m.-4:30 p.m. FREE**

### CRAFT GROUP

Ages 16 and Older

Bring supplies and craft alongside other inspired crafters. From beading to scrapbooking, students can easily find help from others for their individual projects. This is not a class, just crafting and discussions. Everyone is welcome.

**63199 1/13 Saturday 1-4 p.m. FREE**

**2/10 Saturday 1-4 p.m. FREE**

**3/3 Saturday 1-4 p.m. FREE**

## MILLER CC

### AFTERSCHOOL TEEN PROGRAM

Ages 12 and Older

This daily after-school teen program is filled with a variety of activities, challenges, cooking classes, and more! The last Friday of each month is pizza and a movie.

**63254 1/2-3/29 Mon-Fri 3:30-6 p.m. FREE**

### BOARD GAME

Ages 12 and Older

Bring your favorite game or try one of ours during some community fun! All ages are welcome, but children under 12 must be accompanied by an adult. Come match with members of your community.

**63163 1/8-3/25 Monday 4-8 p.m. FREE**

### D&D

Ages 12 and Older

Every Tuesday is an adventure with afterschool D & D club. Play a module a session with your friends or meet new friends.

**63162 1/3-3/27 Tuesday 6-8 p.m. FREE**

### KNITTING CLUB

Ages 18 and Older

Come practice knitting, crochet, needlepoint, or quilting in the company of good friends.

**63166 11/3-3/27 Wednesday 10:15 a.m.-12:15 p.m. FREE**

### VIRTUAL REALITY CLUB

Ages 10 and Older

Step into a world of boundless imagination and endless adventure through virtual reality (VR). You'll engage in hands-on educational experiences, explore breathtaking virtual environments, and play fun games as learning becomes an exhilarating adventure. If you're new to VR, don't worry, we'll teach you to navigate virtual environments.

**63168 1/3-3/27 M/W 5-6 p.m. FREE**

### WOMEN EMPOWERMENT CLUB

Ages 11-14

Here you will find a place for young women to be educated and inspired to lead, become entrepreneurs, and be allies in the community and within themselves. During meetings, we will work on mindfulness, advocacy, inspiration, and exploration of the mind as a tool of empowerment.

**63169 1/3-3/27 Wednesday 5-6 p.m. FREE**

# DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

## RAINIER BEACH CC

### AFTER SCHOOL HANGOUT

Ages 12-18

Our Hangout Room is a safe place for teens to gather, socialize and play various games. Activities include jenga, board games, video games, music sharing, and more. FREE Wi-Fi access.

**1/3-3/27**      **Wednesday**      **2:30-5 p.m.**      **FREE**

### DETECTIVE COOKIE'S CHESS CLUB

Ages 12-18

Children and teens are invited to join this Chess Club. Family and community members are also welcome. Drop by to learn and play chess!

**1/6-3/30**      **Saturday**      **Noon-2 p.m.**      **FREE**

### FAMILY ZUMBA

Ages 14 and Older

Zumba combines fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Bring the whole family to the fitness party that blends upbeat world rhythms with easy choreography for a total body workout! Please arrive early as space is limited.

**62619**      **1/4-3/28**      **Wednesday**      **6:30-7:30p.m.**      **FREE**

### HIP HOP SPIN

Ages 16 and Older

Join this Get Moving sponsored FREE spin class to release stress, socialize, and energize your evening. Endure intervals, hills, sprints, and upper body movements for a full-body workout set to hip hop and R&B. All levels welcome. Challenge yourself and make progress toward your fitness goals.

**63436**      **1/22-3/25**      **Monday**      **6-7 p.m.**      **FREE**

### HOOP IT UP

Ages 13-17

Build a team, have fun, and enjoy sharing your skills in 3-on-3 basketball games after school in the gym.

**62614**      **1/4-3/28**      **Thursday**      **4-5 p.m.**      **FREE**

### POOL & FOOSBALL TOURNAMENTS

Ages 12-18

Your skills are needed for these tournaments and bring your friends to join in the fun! The winners will be decided by elimination process. Prizes to be determined. Only 10 spaces available per tournament.

**1/2-3/2/26**      **Tuesday**      **3-4 p.m.**      **FREE**

### SOUFEND CHECK-INS

Ages 13-18

Old School Sunday Runs are returning!! Join us for drop-in Adult Open Gym.

**62617**      **1/7-3/24**      **Sunday**      **9 a.m.-Noon**      **FREE**

### BOARD GAME CLUB

Ages 10-17

Children and teens are invited to play a variety of board games. They can socialize with peers while developing game strategies, problem solving skills, and practicing cooperative learning. Come join the fun and learn new games.

**63116**      **1/3-3/29**      **W/F**      **3-4 p.m.**      **FREE**

### TEEN COOKING

Ages 13-18

This program focuses on encouraging teens to explore the kitchen and find healthy alternatives to what they normally eat. Youths will research recipes and be responsible for preparing a budget and menu. This program will familiarize teens with basic cooking instructions, preparation, and kitchen safety under the supervision of center staff.

**62618**      **1/3-3/27**      **Wednesday**      **4-5 p.m.**      **FREE**

### TEEN WEIGHTLIFTING 101

Ages 13-18

Are you new to weightlifting or looking to get stronger, but need some guidance? This program teaches the basics of resistance training. We will review form, technique, safety, and help you build and customize an effective weightlifting program.

**63115**      **1/3-3/27**      **Wednesday**      **4-5 p.m.**      **FREE**

### THE WRITER'S BLOCK

Ages 8-17

Improve as a writer and receive 1-on-1 and small group instruction in this program. You'll learn how to effectively implement "a writing process" while you work at your own pace and gain confidence as a thinker and writer.

**63778**      **1/4-3/28**      **Thursday**      **4-5 p.m.**      **FREE**

## RAINIER CC

### HIP HOP SPIN

Ages 16 and Older

Join this Get Moving sponsored FREE spin class to release stress, socialize, and energize your evening. Endure intervals, hills, sprints, and upper body movements for a full-body workout set to hip hop and R&B. All levels welcome. Challenge yourself and make progress toward your fitness goals.

**63095**      **1/9-3/26**      **Tuesday**      **6-7 p.m.**      **FREE**

### MAHJONG

Ages 50 and Older

Mahjong is a four-player, tile-based game which was developed in China during the Qing Dynasty. Join friends or make new ones as you try your luck in this game of skill, strategy, and calculation.

**63083**      **1/4-3/28**      **Thursday**      **11 a.m.-2 p.m.**      **FREE**

# DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

## QUEEN ANNE CC

### BRIDGE

Ages 18 and Older

Drop-in play for intermediate bridge players.

**1/2-3/26**    **Tuesday**    **12:30-3:30 p.m.**    **FREE**

### CRAFTY LADIES

Ages 18 and Older

Come practice knitting, crochet, needlepoint or quilting!

**1/4-3/28**    **Thursday**    **1:30-4 p.m.**    **FREE**

### MAHJONG

Ages 18 and Older

Mahjong is a four-player, tile-based game which was developed in China during the Qing Dynasty. Join friends or make new ones as you try your luck in this game of skill, strategy, and calculation.

**1/5-3/29**    **Friday**    **1:30-4 p.m.**    **FREE**

### TEEN DROP-IN

Ages 11-17

Come in with your friends or meet new friends in a safe and positive environment just for teens. Play pool, foosball, basketball, movies, board games, and other activities. Middle school and high school ages are welcome.

**62926**    **1/2-3/29**    **M/Tu/Th/F**    **3-6:30 p.m.**    **FREE**  
**1/3-3/27**    **Wednesday**    **2:30-6:30 p.m.**    **FREE**

## VAN ASSELT CC

### CHECK IN & CHILL

Ages 16 and Older

This is an opportunity for youth to build with Late Night staff, get help with school or receive mentorship.

**64158**    **1/3-3/28**    **W/Th**    **3:30-6 p.m.**    **FREE**

### T SHIRT SCREEN PRINTING

All Ages

Learn how to screen-print with Parks & Recreation staff

**64159**    **1/3-3/27**    **Wednesday**    **3:30-6 p.m.**    **FREE**

### WOMEN'S ZUMBA®

Ages 16 and Older

Zumba® combines high energy, motivating music, and unique moves that allow you to dance away your worries. The routines feature aerobic/fitness interval training, combining fast and slow rhythms that tone and sculpt the body.

**62582**    **1/9-3/28**    **Tu/Th**    **6-7 p.m.**    **FREE**

## YESLER CC

### AROMA, A COOKING CLASS

Ages 12-18

This easy-to-follow cooking class will teach you basic culinary skill like chopping, slicing, dicing, and sautéing. Take control of your kitchen by learning how to meal plan, shop for food, and help another chef.

**63253**    **1/3-3/27**    **Wednesday**    **4-6:30 p.m.**    **FREE**

### ARTS AND CRAFTS

Ages 10-18

Are you creative and like to paint or design things from scratch? Join our program and find the freedom of expression as we make tie dye t-shirts, bracelets, scented candles, and much more.

**63251**    **1/2-3/26**    **Tuesday**    **4-7:30 p.m.**    **FREE**

### BOARD GAMES

Ages 7 and Older

Bring your favorite game or try one of ours during some community fun! All ages are welcome, but children under 12 must be accompanied by an adult. Come match with members of your community.

**63244**    **1/6-3/30**    **Saturday**    **9:30 a.m.-3:30 p.m.**    **FREE**

### HOMEWORK LAB

Ages 12-18

If you need a little extra help with your homework or a quiet space to study, meet-up every Mon-Thurs from 3:30-5:30 p.m. for homework time.

**63256**    **1/2-3/28**    **Mon-Thu**    **3:30-5:30 p.m.**    **FREE**

### NAIL GLAM

Ages 12-18

Teens and tweens who want to give their nails a little pop of color, get your nails GLAMMED with a Gel Polish or a Powder Dip. Enjoy this simple yet fun way to be beautiful starting at your fingertips.

**64151**    **1/8-3/25**    **Monday**    **3:30-6 p.m.**    **FREE**

### SHINE FOR GIRLS

Ages 12-18

This program gives young ladies a platform to be seen, heard, and empowered to lift each other up. Young women will have a safe space to discuss and share their truth as they foster meaningful relationships while mentoring each other and becoming exemplary leaders.

**63255**    **1/4-3/28**    **Thursday**    **4-6:30 p.m.**    **FREE**

## COVID GUIDELINES

FIND DETAILS ON PAGE 59

# DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

## BASKETBALL

▼ BALLARD CC	Ages 16 and Older			
63410	1/8-3/25	Monday	6:15-8:45 p.m.	FREE
▼ GARFIELD CC				
YOUTH	Ages 12-18			
63107	1/3-4/3	Wednesday	2:30-5:30 p.m.	FREE
ADULT	Ages 18 and Older			
63107	1/2-4/4	Tu/Th	12:30-3:30 p.m.	FREE
▼ GREEN LAKE CC	Ages 18 and Older			
62499	1/5-3/29	M/F	10 a.m.-1 p.m.	FREE
▼ INT'L DISTRICT/CHINATOWN CC				
YOUTH	Ages 13-17			
62637	1/5-1/29	Friday	2-8:45 p.m.	FREE
ADULT	Ages 18 and Older			
	1/5-3/29	M/W/F	11:30 a.m.-1:30 p.m.	FREE
▼ HIGH POINT CC				
YOUTH	Ages 10-18			
64160	1/7-3/31	Sunday	1:15-6:45 p.m.	FREE
FAMILY	All Ages			
64157	1/7-3/31	Sunday	12:15-1:15 p.m.	FREE
ADULT	Ages 18 and Older			
64153	1/8-3/29	Mon-Fri	1-3 p.m.	FREE
▼ LOYAL HEIGHTS CC	Ages 18 and Older			
	1/2-3/29	Mon-Fri	2-4 p.m.	FREE
▼ MILLER CC				
YOUTH	Ages 11-14			
63252	1/8-3/25	Monday	4-6 p.m.	FREE
	1/3-3/27	Wednesday	2:30-3:30 p.m.	FREE
	1/5-3/29	Friday	4-5:30 p.m.	FREE
ADULT	Ages 18 and Older			
63240	1/2-3/26	Tuesday	6-8:30 p.m.	FREE
▼ RAINIER BEACH CC	Ages 18 and Older			
	1/2-3/26	Tuesday	Noon-1:45 p.m.	FREE
▼ YESLER CC	Ages 18 and Older			
63247	1/2-3/28	Tu/Th	Noon-3:30 p.m.	FREE

## BADMINTON

▼ BALLARD CC	All Ages			
63408	1/7-3/24	Sunday	10 a.m.-Noon	FREE
▼ INT'L DISTRICT/CHINATOWN CC	Ages 18 and Older			
62563	1/4-3/28	Tu/Th	10 a.m.-1 p.m.	FREE



Drop-in Badminton at Jefferson Community Center 2019

## DODGEBALL

▼ BALLARD CC	Ages 18 and Older			
63409	1/7-3/24	Sunday	12:30-2:30 p.m.	FREE
▼ GREEN LAKE CC	Ages 18 and Older			
62500	1/3-3/27	Wednesday	6-8:45 p.m.	FREE
▼ LOYAL HEIGHTS CC	Ages 16 and Older			
62746	1/8-3/25	Monday	7-8:45 p.m.	FREE
▼ RAINIER BEACH CC	Ages 10-14			
63113	1/2-3/26	Tuesday	4-5 p.m.	FREE
▼ VAN ASSELT CC	Ages 8-12			
62581	1/4-3/28	Thursday	5-6:15 p.m.	FREE

# DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

## FITNESS ROOM

<b>DELRIDGE CC</b> <span style="float: right;">Ages 18 and Older</span>				
	1/2-3/29	Mon-Fri	10 a.m.-6 p.m.	FREE
	1/6-3/30	Saturday	10 a.m.-5 p.m.	FREE
<b>GARFIELD CC</b> <span style="float: right;">Ages 18 and Older</span>				
62551	1/2-4/12	Mon-Fri	9 a.m.-7:45 p.m.	FREE
	1/6-4/13	Saturday	10 a.m.-4:45 p.m.	FREE
<b>INT'L DISTRICT/CHINATOWN CC</b> <span style="float: right;">Ages 18 and Older</span>				
62636	1/8-3/30	M/W/F	11 a.m.-8:45 p.m.	FREE
	1/9-3/28	Tu/Th	9 a.m.-5:45 p.m.	FREE
	1/13-3/30	Saturday	10 a.m.-4:45 p.m.	FREE
<b>LOYAL HEIGHTS CC</b> <span style="float: right;">Ages 18 and Older</span>				
	1/3-3/29	M/W/F	9 a.m.-9 p.m.	FREE
	1/2-3/28	Tu/Th	11:45 a.m.-7:30 p.m.	FREE
<b>MEADOWBROOK CC</b> <span style="float: right;">Ages 18 and Older</span>				
63194	1/2-3/30	M/Tu/Th/F/Sa	8:30 a.m.-8:15 p.m.	FREE
63200	1/3-3/27	Wednesday	8:30 a.m.-2:45 p.m.	FREE
63206	1/3-3/27	Wednesday	5:15-8:15 p.m.m	FREE
<b>NORTHGATE CC</b> <span style="float: right;">Ages 18 and Older</span>				
62594	1/2-3/29	Mon-Fri	9 a.m.-7:45 p.m.	FREE
<b>QUEEN ANNE CC</b> <span style="float: right;">Ages 12-18</span>				
	1/2-3/29	Mon-Fri	9 a.m.-8 p.m.	FREE
	1/6-3/30	Saturday	9 a.m.-5 p.m.	FREE
<b>RAINIER BEACH CC</b> <span style="float: right;">Ages 18 and Older</span>				
62612	1/2-3/28	Mon-Thu	8:30 a.m.-8:45 p.m.	FREE
62630	1/5-3/30	Fri-Sat	8:30 a.m.-6:45 p.m.	FREE
62611	1/7-3/31	Sunday	9 a.m.-6:45 p.m.	FREE

## FUTSAL

<b>BALLARD CC</b> <span style="float: right;">Ages 16 and Older</span>				
63413	1/11-3/28	Thursday	6:15-8:45 p.m.	FREE
<b>VAN ASSELT CC</b> <span style="float: right;">All Ages</span>				
62723	12/23-3/23	Saturday	10 a.m.-Noon	FREE

## OPEN GYM

<b>BITTER LAKE CC</b> <span style="float: right;">Ages 5-75</span>				
62312	1/7-3/31	Sunday	12:30-3 p.m.	FREE
<b>INT'L DISTRICT/CHINATOWN CC</b>				
<b>FAMILY</b>				All Ages
62635	1/6-3/30	Saturday	2-4:30 p.m.	FREE
<b>YOUTH</b>				Ages 10-18
62639	1/3-3/28	M/W	2-5:30 p.m.	FREE
	1/4-3/28	Tu/Th	4-5:30 p.m.	FREE
<b>QUEEN ANNE CC</b> <span style="float: right;">Ages 12-18</span>				
62925	1/2-3/28	Tu/Th	6-7 p.m.	FREE
<b>RAINIER BEACH CC</b> <span style="float: right;">Ages 18 and Older</span>				
62605	1/2-3/29	M/Tu/F	Noon-1:45 p.m.	FREE
<b>RAVENNA-ECKSTEIN CC</b> <span style="float: right;">Ages 13 and Older</span>				
62486	1/2-3/29	Saturday	2:30-4:45 p.m.	FREE
<b>VAN ASSELT CC</b> <span style="float: right;">Ages 18 and Older</span>				
	1/2-3/28	M/Tu/Th	3:30-8 p.m.	FREE
	1/4-3/27	Wednesday	2:30-8 p.m.	FREE
	1/5-3/29	Friday	3:30-7 p.m.	FREE
<b>YESLER CC</b> <span style="float: right;">Ages 12-18</span>				
63257	1/3-3/27	Wednesday	2-4 p.m.	FREE

## PING-PONG / TABLE TENNIS

<b>GARFIELD CC</b> <span style="float: right;">Ages 18 and Older</span>				
63103	1/12-4/5	Friday	4:30-6 p.m.	FREE
<b>GREEN LAKE CC</b> <span style="float: right;">Ages 18 and Older</span>				
62502	1/2-3/26	Tuesday	6-8:45 p.m.	FREE
62507	1/3-3/27	Wednesday	10 a.m.-1 p.m.	FREE
<b>INT'L DISTRICT/CHINATOWN CC</b> <span style="float: right;">Ages 18 and Older</span>				
62640	1/8-3/30	M/W/F/Sa	1-4:30 p.m.	\$3
<b>MILLER CC</b> <span style="float: right;">Ages 18 and Older</span>				
63241	1/2-3/26	Tuesday	5-8 p.m.	FREE
	1/3-3/27	Wednesday	10 a.m.-1 p.m.	FREE
<b>NORTHGATE CC</b> <span style="float: right;">Ages 7 and Older</span>				
62592	1/2-3/29	Mon-Fri	9 a.m.-7:45 p.m.	FREE
<b>YESLER CC</b> <span style="float: right;">Ages 18 and Older</span>				
63259	1/6-3/30	Saturday	10 a.m.-1 p.m.	FREE
63243	1/7-3/31	Sunday	10 a.m.-2:30 p.m.	FREE

# DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

## PICKLEBALL

<b>▼ BALLARD CC</b>	<b>Ages 18 and Older</b>				<b>▼ MAGNUSON CC</b>	<b>Ages 16 and Older</b>			
63407	1/9-3/28	Tu/Th	10 a.m.-12:30 p.m.	FREE	63845	1/11-3/28	Thursday	9:30-11:30 a.m.	FREE
63411	1/10-3/27	Wednesday	6:15-8:45 p.m.	FREE	<b>▼ MEADOWBROOK CC</b>	<b>Ages 18 and Older</b>			
<b>▼ BITTER LAKE CC</b>	<b>Ages 18 and Older</b>				63195	1/4-3/28	Thursday	10 a.m.-3 p.m.	FREE
62313	1/5-3/29	Tu/F	10 a.m.-1 p.m.	FREE	<b>▼ MILLER CC</b>	<b>Ages 18 and Older</b>			
	1/7-3/31	Sunday	3-4:30 p.m.	FREE	63250	1/3-1/26	M/W	10 a.m.-1 p.m.	FREE
<b>▼ DELRIDGE CC</b>	<b>Ages 16 and Older</b>					1/3-1/26	Friday	11:30 a.m.-1 p.m.	FREE
	1/3-3/27	M/W	10 a.m.-1:15 p.m.	FREE		2/2-3/29	M/W/F	10 a.m.-1 p.m.	FREE
	1/5-3/29	Friday	1:15-3:15 p.m.	FREE	<b>▼ NORTHGATE CC</b>	<b>Ages 18 and Older</b>			
<b>▼ GARFIELD CC</b>	<b>Ages 18 and Older</b>				62593	1/5-3/29	M/F	9:30 a.m.-2 p.m.	FREE
62554	1/4-4/4	Thursday	10 a.m.-Noon	FREE		1/3-3/27	Wednesday	9:30 a.m.-1 p.m.	FREE
	1/5-4/5	Friday	Noon-2 p.m.	FREE	<b>▼ QUEEN ANNE CC</b>	<b>Ages 18 and Older</b>			
<b>▼ GREEN LAKE CC</b>	<b>Ages 18 and Older</b>				62918	1/3-3/27	M/W	11 a.m.-2 p.m.	FREE
62468	1/9-3/26	Tuesday	1-4 p.m.	FREE	<b>▼ RAINIER CC</b>	<b>Ages 18 and Older</b>			
<b>▼ HIGH POINT CC</b>	<b>Ages 18 and Older</b>					1/2-3/28	Tu/Th	10 a.m.-1 p.m.	FREE
	1/3-3/3/29	W/F	10 a.m.-12:30 p.m.	FREE	<b>▼ RAVENNA-ECKSTEIN CC</b>	<b>Ages 18 and Older</b>			
<b>▼ INT'L DISTRICT/CHINATOWN CC</b>	<b>Ages 18 and Older</b>				62485	1/5-3/30	Friday	12:30-2:30 p.m.	FREE
62567	1/3-3/27	Wednesday	6-8:45 p.m.	FREE	<b>▼ VAN ASSELT CC</b>	<b>Ages 50 and Older</b>			
	1/6-3/30	Saturday	9-11 a.m.	FREE	62579	1/8-3/25	Monday	Noon-2:45 p.m.	FREE
<b>▼ JEFFERSON CC</b>	<b>Ages 18 and Older</b>					1/10-3/27	Wednesday	Noon-2:15 p.m.	FREE
62515	1/8-3/25	Monday	10 a.m.-1 p.m.	FREE	<b>▼ YESLER CC</b>	<b>Ages 18 and Older</b>			
<b>▼ LOYAL HEIGHTS CC</b>	<b>Ages 18 and Older</b>				63245	1/2-3/28	Tu/Th	9 a.m.- Noon	FREE
62747	1/5-3/29	Friday	Noon-2 p.m.	FREE					



Drop-in Pickleball at Miller Community Center, 2023

## VOLLEYBALL

<b>▼ BALLARD CC</b>	<b>Ages 18 and Older</b>			
63481	1/9-3/26	Tu	5:15-7 p.m.	FREE
63482	1/9-3/26	Tu	7-8:45 p.m.	FREE
<b>▼ INT'L DISTRICT/CHINATOWN CC</b>	<b>Ages 18 and Older</b>			
62567	1/6-3/30	W/Sa	9-11 a.m.	FREE
<b>▼ MEADOWBROOK CC</b>	<b>Ages 18 and Older</b>			
63196	1/3-3/27	Wednesday	6:15-8:15 p.m.	FREE
<b>▼ MILLER CC</b>	<b>Ages 16 and Older</b>			
63242	1/8-3/25	Monday	6-8:30 p.m.	FREE
<b>▼ RAINIER BEACH CC</b>	<b>Ages 18 and Older</b>			
62607	1/7-3/31	Sunday	12:30-2:30 p.m.	FREE

# VIRTUAL PROGRAMS



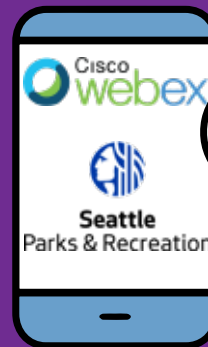
## VIRTUAL PIANO GROUP LESSONS

### Ages 5 and Older

Learn to play the piano from an experienced professional teacher in weekly small group lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to a full electric keyboard or piano for practice outside of lessons. Class is NOT in-person. Register through High Point Community Center by calling 206-684-7422. \*NO CLASS 1/15 or 2/19

<a href="#">62357</a>	1/8-3/25	Monday	4-8:30 p.m.	\$200
<a href="#">62358</a>	1/6-3/30	Saturday	Noon-4 p.m.	\$260

## DOWNLOAD WEBEX



SCAN ME



DOWNLOAD TO PARTICIPATE IN VIRTUAL PROGRAMS:  
[http://bit.ly/webex\\_download](http://bit.ly/webex_download)

Prior to event, a link will be sent to join, through Webex. For questions email: [PKS\\_Virtual\\_Programs@seattle.gov](mailto:PKS_Virtual_Programs@seattle.gov)

Register online at [https://bit.ly/spr\\_activity\\_reg](https://bit.ly/spr_activity_reg) | Winter 2024 | 14

# SPECIAL EVENTS

Look out for this symbol  
for Citywide Environmental  
Education programs



## SPECIAL EVENT: LUMINARIA WALK

MEADOWBROOK CC All Ages

Each year, for one night only, we decorate the boardwalk and pathways of Meadowbrook Pond with hundreds of glowing luminarias. Bring your friends and family to this magical community space, stroll along, say hi to your neighbors, and sip hot coco and munch on cookies.

12/2 Saturday 5:30-7:30 p.m. FREE

**VOLUNTEER: SET UP CREW** Ages 10 and Older

12/2 Saturday 3:30-5:30 p.m.

**VOLUNTEER: CLEAN UP CREW** Ages 10 and Older

12/2 Saturday 8-9 p.m.

## SPECIAL EVENT: FAMILY MOVIE NIGHT & PAJAMA PARTY

RAVENNA-ECKSTEIN CC All Ages

Wear your coziest pajamas and bring your stuffy! We will serve light refreshments starting at 5:30 p.m. with a wintery movie at 6 p.m.. Feel free to bring a donation for our new Warm Sock Drive!

12/8 Friday 5:30-7:30 p.m. FREE

## SPECIAL EVENT: CRAFT AND SIP

MILLER CC Ages 18 and Older

Enjoy some mocktails at this FREE event. Bring your own craft projects from home and meet new friends, learn new skills, and enjoy some good drinks!

<a href="#">63309</a>	1/25	Thursday	5-8 p.m.	FREE
<a href="#">63310</a>	2/29	Thursday	5-8 p.m.	FREE
<a href="#">63311</a>	3/28	Thursday	5-8 p.m.	FREE

## SPECIAL EVENT: OPEN MIC POETRY NIGHT

MILLER CC Ages 18 and Older

If you have a passion for sharing your favorite poems, showcasing original compositions, or if you enjoy listening to others, this is for you. It's completely FREE and we enthusiastically welcome young poets to join us! Let's strengthen our community through the power and beauty of poetry.

<a href="#">63314</a>	1/5	Friday	6-8 p.m.	FREE
<a href="#">63313</a>	2/2	Friday	6-8 p.m.	FREE
<a href="#">63312</a>	3/1	Friday	6-8 p.m.	FREE

## SPECIAL EVENT: STEAM SATURDAY

GARFIELD CC Ages 1-5

Come explore and learn about our connection to nature through the five senses. Engage in science, technology, engineering, art, and mathematics.

<a href="#">63108</a>	1/13	Saturday	10:30-11:30 a.m.	\$10
<a href="#">63109</a>	2/10	Saturday	10:30-11:30 a.m.	\$10
<a href="#">63110</a>	3/9	Saturday	10:30-11:30 a.m.	\$10

GREEN LAKE CC All Ages

Come join us for a glowing walk around the inner Green Lake path lit up with luminary bags. We will have 3 music stages around featuring local schools and music groups. The event is held on the second Saturday of December. Dress for the weather. Please bring can food donations to help out your local neighbors and food bank. Families and high school students can be a part of the event by volunteering at the event. Students can earn volunteer hours at this event. Contact Green Lake Community Center for more information.





Look out for this symbol  
for Citywide Environmental  
Education programs

# SPECIAL EVENTS

## SPECIAL EVENT: BINGO DAY

▼ **BITTER LAKE CC** **Ages 5 and Older**

BINGO is the name of the game, and everybody is invited to play and have a chance to win awesome prizes! We will promptly start at noon and light refreshments will be provided. Entry fee is \$5/family (limit 4 people per family).

[63469](#) 1/21 Sunday Noon-2 p.m. \$5

## SPECIAL EVENT: FAMILY GAME NIGHT

▼ **MAGNUSON CC** **All Ages**

Play a variety of games, new and familiar! We'll play card games, board games, trivia, and more!

1/26 Friday 6-8:30 p.m. FREE

## SPECIAL EVENT: PANCAKE BREAKFAST

Join your friends and neighbors for our Annual Pancake Breakfast! Bring the whole family and enjoy all-you-can-eat pancakes, scrambled eggs, sausage, juice, and coffee!

▼ **BITTER LAKE CC** **All Ages**

[63105](#) 2/11 Sunday 9 a.m.-Noon \$6

▼ **LOYAL HEIGHTS CC** **Ages 12 and Older**

[63258](#) 3/3 Sunday 9 a.m.-Noon \$7



Pancake Breakfast at Bitter Lake Community Center, 2020

## SPECIAL EVENT: LUNAR NEW YEAR

▼ **JEFFERSON CC** **Ages 4 and Older**

Celebrate Lunar New Year at Jefferson Community Center with this free family event! 2024 is the Year of the Dragon and we will celebrate with activities, crafts, and food.

[63104](#) 2/9 Friday 5-7 p.m. FREE

## SPECIAL EVENT: TEEN TIK TOK CHALLENGE NIGHT

▼ **YESLER CC** **Ages 12-18**

Showcase your talent by entering the Tik Tok Dance Challenge. We've got prizes for 1st, 2nd, and 3rd Place, so get together with your best Tik Tok Dance Partner and join the challenge. Enjoy food and games with the community during the event.

3/15 Friday 5-7 p.m. FREE

## SPECIAL EVENT: MARCH MADNESS

▼ **VAN ASSELT CC** **Ages 18 and Older**

Come join us over light refreshments to watch the NCAA Basketball Tournament opening weekend and compare your brackets with your neighbors.

3/21-3/22 Thu-Fri Noon-7 p.m. FREE

## SPECIAL EVENT: DETECTIVE COOKIE'S CHESS CLASSIC

▼ **RAINIER BEACH CC** **Ages 5-18**

Join us this spring for the 2nd Annual Detective Cookie Chess Classic! The event is co-hosted by Detective Cookie's Chess Club and the Washington Chess Federation and is open to all students in grades K-12 as of the 2023-24 school year. At the courtesy of the organizers, entry into the tournament is free of charge. All sections are WA State Elementary Qualifiers. Generous trophies will be awarded to the top-finishing individuals and teams.

3/24 Sunday 9 a.m.-4 p.m. FREE

## SPECIAL EVENT: TEEN GLOW HUNT

▼ **MAGNUSON CC** **Ages 12-17**

Join us and your friends for a fun filled night of games and searching for eggs. This event is rain or shine. Make sure to have a flash light and a bag to get your goodies.

[63577](#) 3/29 Friday 8-10 p.m. FREE

## SPECIAL EVENT: TEEN FLASHLIGHT EGG HUNT

▼ **JEFFERSON CC** **Ages 12-17**

Looking for a new twist on an egg hunt? Try finding the loot in the dark! Bring your own flashlight and bag, but don't be late because the hunt goes quick. Meet in the Jefferson Community Center lobby. Rain or shine, we will be outside, so dress for the weather.

[62633](#) 3/29 Friday 8-8:30 p.m. FREE



Seattle  
Parks & Recreation



# SPRING EGG HUNT

## **Ballard CC**

March 30 | 10 a.m.

## **Delridge CC**

March 30 | 10:30 a.m.

## **Green Lake CC**

March 30 | 10 a.m.

## **Jefferson CC**

March 30 | 10 a.m.

## **Magnuson CC**

March 30 | 10 a.m.

## **Queen Anne CC**

March 30 | 10 a.m.

## **Van Asselt CC**

March 30 | 10 a.m.

## **Bitter Lake CC**

March 30 | 10 a.m.

## **Garfield CC**

March 30 | 10 a.m.

## **High Point CC**

March 30 | 10 a.m.

## **Loyal Heights CC**

March 30 | 10 a.m.

## **Miller CC**

March 28 | 10 a.m.

## **Ravenna-Eckstein CC**

March 30 | 11 a.m.

## **Yesler CC**

March 30 | 10 a.m.

*Times and age groups differ between sites.  
Contact your closest community center to learn more about this event.*

## CAMP LONG RENTALS

### Ages 18 and Older

Explore the hidden gem of West Seattle, Camp Long! We have shelters, indoor lodge space, a fire ring amphitheater, and you can even rent a cabin to stay overnight! Call 206.684.7434 for details and booking.



*Camp Long campsite, 2014*



*Camp Long Survivor Quest Ropes Course, 2018*

## CHALLENGE COURSE AND ROCK CLIMBING

### Ages 5 and Older

Schedule your school, community, staff or youth group for a team building adventure on the Camp Long Low or High Challenge Course, Rock Climbing or even portable programming where we can come to your location pending staffing availability! Contact Camp Long to connect with our Challenge Course team. Call 206-684-7434 to inquire about more details.



## AGENTS OF DISCOVERY

All Ages

FREE

This augmented reality mobile game allows you to play and discover the world around you. Download the free app to play missions at Carkeek and Discovery Parks whenever you visit, plus you can earn prizes! For more information, contact us at 206.386.4236 or [Carkeek.Park@seattle.gov](mailto:Carkeek.Park@seattle.gov)

## SALMON WALKS

All Ages

FREE

Join the volunteer staff of the Carkeek Watershed Community Action Project on a spring Salmon Walk through Carkeek Park. Springtime is when young salmon start their journey to the ocean. During this walk, participants will learn the salmon life cycle related to Pipers Creek and about the connection to the Salmon in the Schools Program. The walk will showcase the creek where adult salmon spawn in the fall and the salmon fry migrate out in the spring. This special program ends with participants feeding young salmon and getting a glimpse of the facility where students release their young salmon fry before their eventual release into the creek. Walks occur in the evening, as dusk is the safest time for young salmon to be released into the creek. This walk begins at the Kiosk in the lower field. Please call or email for scheduling details: [Carkeek.Park@seattle.gov](mailto:Carkeek.Park@seattle.gov), (206)386-4236

## VISIT BABY SALMON AT CARKEEK PARK

All Ages

FREE

From January through May, the Carkeek Watershed Community Action Project raises over 100,000 baby salmon at Carkeek Park's imprint pond. Throughout the spring, there will be opportunities to visit salmon being raised in the imprint pond and attend an evening salmon release celebration. For dates and times, please check [carkeekwatershed.org](http://carkeekwatershed.org).

## CARKEEK PARK ADVISORY COUNCIL

The Carkeek Park Advisory Council (CPAC) is a group of neighbors, community members and volunteers who support and enjoy Carkeek Park. We work with Seattle Parks and Recreation in an advisory and supporting role. We have organized volunteer efforts through which many members of our community have contributed thousands of hours of volunteer time to improving the park, in areas such as restoring salmon runs to Piper's Creek, the trails improvement project, restoring Piper's Orchard, reforestation, and many others. Community meetings are open to the public and are held on the second Tuesday of the month from 7-9pm at the Carkeek Park Visitor Center or virtually. Please contact Carkeek Park Visitor Center with any questions: 206-386-4236 / [Carkeek.Park@seattle.gov](mailto:Carkeek.Park@seattle.gov). Meetings are held in person on the 2nd Tuesday of the month from 7-9pm @ 950 NW Carkeek Park Road.

## NATURE PLAY SEATTLE

We are dedicated to connecting children with nature and fostering a love of the great outdoors. Our mission is to get families outside and to inspire the next generation of environmental stewards by teaching them through hands-on, interactive play in the world's best classroom- nature! Email or call for current program information and schedule: [Carkeek.Park@seattle.gov](mailto:Carkeek.Park@seattle.gov) | 206-386-4236.

## DISCOVERY ROOM

### All Ages

Children's playroom with underwater theme! Stop by during our regular business hours to let your young one's imagination run wild. Plushies, coloring sheets and puppet shows await!

**64055** 1/2-3/27 Tue-Fri 11 a.m.-5 p.m. FREE  
1/6-3/30 Saturday 8:30 a.m.-5 p.m. FREE

## DISCOVERY PARK VISITOR CENTER RENTALS

Discovery Park is a 550 acre regional gem that offers a place of peace and tranquility for all to enjoy. The park features extensive hiking trails, birding opportunities and views of Puget Sound. The Visitor Center is a great location for groups looking for a gathering space in a natural setting. The Visitor Center rooms are perfect for any party, meeting, retreat, or reception! Call us at (206) 386-4236 or email [discovery.park@seattle.gov](mailto:discovery.park@seattle.gov) to learn more about what we have to offer.

## SPRING BIRD TOURS

### Ages 8 and Older

Spring migration has begun! Join experienced birders in exploring Discovery Park's many habitats looking for migrants as well as year-round residents. All children must be accompanied by an adult. Everyone attending must be registered.

**64048** 3/23 Saturday 8-10 a.m. \$5  
**64049** 3/30 Saturday 8-10 a.m. \$5

## YOGA MEDIATION

### Ages 8 and Older

Relax using disciplined techniques of traditional yoga to enhance strength and well-being. Please contact to confirm schedule.

**64058** 1/11-3/21 Thursday 10-11 a.m. \$130

## NATURE PLAY SEATTLE

We are dedicated to connecting children with nature and fostering a love of the great outdoors. Our mission is to get families outside and to inspire the next generation of environmental stewards by teaching them through hands-on, interactive play in the world's best classroom- nature! Email or call for current program information and schedule: [Discovery.Park@seattle.gov](mailto:Discovery.Park@seattle.gov) | 206-386-4236.



## AGENTS OF DISCOVERY

### All Ages

**FREE**

Agents of Discovery is an augmented reality mobile game to play and discover the world around you. Download the free app to play Missions and earn prizes! Missions are located at Carkeek and Discovery Parks and can be played anytime you visit. For more information contact us at 206.386.4236 or [Discovery.Park@seattle.gov](mailto:Discovery.Park@seattle.gov).

## BEACH PARKING PASSES

### All Ages

Explore the mile of beach trails and West Point Lighthouse at Discovery Park. Free Beach Parking Passes are available for three hours at a time. Passes are issued on a first-come, first-serve basis during regular business hours. To sign out a pass, you will need to provide your name, phone number and license plate number at the front desk. Because of limited beach parking, to receive a pass you must fall into one of these three categories: 1) families with children under 6, 2) people over 62 years old, or 3) others who are not physically able to walk to the beach due to and injury, illness, or some other physical condition.

**64056** 1/2-3/30 Tue-Sat 8:30 a.m.- 5 p.m. FREE

## SPECIAL EVENT: GREAT BACKYARD BIRD COUNT



▼ **HIGH POINT CC**

**Ages 2 and Older**

Come birding with us! Join us in this family friendly program as we explore Westcrest Park to search for birds. The Great Backyard Bird Count is a National Community Science Project designed to help scientists better understand global bird populations before one of their annual migrations. A great way to connect with nearby nature in a fun and meaningful way. Binoculars provided to borrow.

**63306** 2/17 **Saturday** 9:30-11 a.m. **FREE**

## SPECIAL EVENT: NATURE TOTS



▼ **DELRIDGE CC**

**Ages 3-5**

Come join us in exploring nature around Delridge. We are teaming up with the Environmental Education team to bring your toddlers closer to nature. Each week will offer a different subject! Adult supervision required. Wear appropriate shoes and bring a water bottle!

<b>63978</b>	<b>1/5</b>	<b>Friday</b>	<b>10:30-11:15 a.m.</b>	<b>\$12</b>
<b>63979</b>	<b>1/12</b>	<b>Friday</b>	<b>10:30-11:15 a.m.</b>	<b>\$12</b>
<b>63980</b>	<b>1/19</b>	<b>Friday</b>	<b>10:30-11:15 a.m.</b>	<b>\$12</b>
<b>63981</b>	<b>1/26</b>	<b>Friday</b>	<b>10:30-11:15 a.m.</b>	<b>\$12</b>



Westcrest Park, 2015



# Community Center Improvement Projects



Seattle  
Parks & Recreation

## Sites Reopening And Future Closures

Seattle Parks and Recreation is dedicated to renovating, maintaining, and improving accessibility to our sites. That does require us to sometimes close sites during construction.

### COMMUNITY CENTERS RE-OPENING

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**Rainier CC** is now open.

**Discovery Park Visitor Center** is now open.

Learn more at: <https://bit.ly/discoveryinfo23>

### COMMUNITY CENTER CLOSURES

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**Carkeek Park Visitor Center** closed in early June 2023.

**Hiawatha CC** will remain closed until further notice.

**Lake City CC** closed as of 4/18/23 due to building damage.

**Laurelhurst CC** closed in late summer 2023.

Learn more at: [https://bit.ly/laurelhurst\\_closure23](https://bit.ly/laurelhurst_closure23)

**Magnolia CC** closed in late summer 2023.

**Montlake CC** closed in late summer 2023.

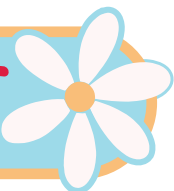
**South Park CC** closed in late summer 2023 for approximately 1 year.

Learn more at: [https://bit.ly/southpark\\_closure23](https://bit.ly/southpark_closure23)

**Please note:** All closure timelines are estimates. These dates may change as we move through the year.

## SPRING EGG HUNT

March 30 @ 10 a.m.



## KARATE: THE EMPTY HAND

### Ages 6 and Older

This class presents a multi-disciplinary self-defense approach. Students will study and practice basic Shotokan Karate techniques and strategies and learn to defend against larger and/or multiple opponents. Come join the fun and get great exercise too! Open to adults and children.

▼ <b>Level One</b>	<b>Ages 6-10</b>			
<a href="#">62650</a>	1/8-3/27	M/W	4:15-5 p.m.	\$55

▼ <b>Level Two</b>	<b>Ages 11 and Older</b>			
<a href="#">62655</a>	1/8-3/27	M/W	5:15-6:15 p.m.	\$55

## TAP AND JAZZ: BEGINNER

### Ages 5 and Older

Explore rhythms, body-mind coordination, and musicality while learning basic tap and jazz movements set to upbeat music. Each class will combine individual and combinations of dance skills. Tap shoes and Jazz or Ballet shoes required.

▼ <b>Youth</b>	<b>Ages 5-9</b>			
<a href="#">62695</a>	1/9-2/13	Tuesday	4:15-5:15 p.m.	\$70
<a href="#">62696</a>	2/20-3/26	Tuesday	4:15-5:15 p.m.	\$70

▼ <b>Adult</b>	<b>Ages 18 and Older</b>			
<a href="#">62657</a>	1/11-2/8	Thursday	5:20-6:20 p.m.	\$70
<a href="#">62660</a>	2/15-3/28	Thursday	5:20-6:20 p.m.	\$70

## TAP AND JAZZ: INTERMEDIATE

### Ages 5-9

Explore rhythms, body-mind coordination, and musicality while learning basic tap and jazz movements set to upbeat music. Each class will combine individual and combinations of dance skills and will build on the pre-requisite class, Beginning Tap and Jazz. Tap shoes and Jazz or Ballet shoes required.

<a href="#">62697</a>	1/11-2/8	Thursday	4:15-5:15 p.m.	\$70
<a href="#">62698</a>	2/15-3/28	Thursday	4:15-5:15 p.m.	\$70

## SPECIAL EVENT: NATURE TOTS

### Ages 3-5



Come join us in exploring nature around Delridge. We are teaming up with the Environmental Education team to bring your toddlers closer to nature. Each week will offer a different subject! Adult supervision required. Wear appropriate shoes and bring a water bottle!

<a href="#">63978</a>	1/5	Friday	10:30-11:15 a.m.	\$12
<a href="#">63979</a>	1/12	Friday	10:30-11:15 a.m.	\$12
<a href="#">63980</a>	1/19	Friday	10:30-11:15 a.m.	\$12
<a href="#">63981</a>	1/26	Friday	10:30-11:15 a.m.	\$12

## PIANO LESSONS

### Ages 6 and Older

It's never too early (or late!) to develop your musical talent! One-on-one piano lessons are 30-minutes long with a seasoned musician. Participants will receive more information about lesson materials on their first day.

<a href="#">62699</a>	1/9-2/13	Tuesday	Noon-12:30 p.m.	\$322
<a href="#">62701</a>	1/9-2/13	Tuesday	12:45-1:15 p.m.	\$322
<a href="#">63496</a>	1/9-2/13	Tuesday	1:30-2 p.m.	\$322
<a href="#">63516</a>	1/9-2/13	Tuesday	2:15-2:45 p.m.	\$322
<a href="#">63518</a>	1/9-2/13	Tuesday	3-3:30 p.m.	\$322
<a href="#">63520</a>	1/9-2/13	Tuesday	3:45-4:15 p.m.	\$322
<a href="#">63522</a>	1/9-2/13	Tuesday	4:30-5 p.m.	\$322
<a href="#">63524</a>	1/9-2/13	Tuesday	5:15-5:45 p.m.	\$322
<a href="#">62700</a>	2/20-3/26	Tuesday	Noon-12:30 p.m.	\$322
<a href="#">62702</a>	2/20-3/26	Tuesday	12:45-1:15 p.m.	\$322
<a href="#">63508</a>	2/20-3/26	Tuesday	1:30-2 p.m.	\$322
<a href="#">63517</a>	2/20-3/26	Tuesday	2:15-2:45 p.m.	\$322
<a href="#">63519</a>	2/20-3/26	Tuesday	3-3:30 p.m.	\$322
<a href="#">63521</a>	2/20-3/26	Tuesday	3:45-4:15 p.m.	\$322
<a href="#">63523</a>	2/20-3/26	Tuesday	4:30-5 p.m.	\$322
<a href="#">63525</a>	2/20-3/26	Tuesday	5:15-5:45 p.m.	\$322



## CREATIVE BALLET WITH TEACHER MARIKA

### Ages 3-8

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way. No classes 1/15 or 2/19

### ▼ Ages 3-5

**62922** 1/8-3/25 Monday 2-2:45 p.m. \$130

### ▼ Ages 5-7

**62923** 1/8-3/25 Monday 3-3:45 p.m. \$130

### ▼ Ages 6-8

**62924** 1/8-3/25 Monday 4-4:45 p.m. \$130

REGISTRATION OPENS  
DECEMBER 5<sup>th</sup>

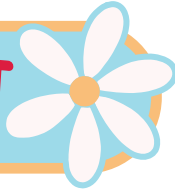
REGISTER ONLINE:  
[https://bit.ly/spr\\_activity\\_reg](https://bit.ly/spr_activity_reg)



Ballet Program at Hiawatha Community Center, 2020

## SPRING EGG HUNT

March 30 @ 10 a.m.



### LITTLE HOOPERS

#### Ages 3-5

Your little one will start to learn the fundamentals of basketball. We focus on dribbling and passing in this fun program. Parental supervision required.

<a href="#">62351</a>	1/9-1/30	Tu/Th	4-4:45 p.m.	\$70
<a href="#">62352</a>	2/1-2/29	Tu/Th	4-4:45 p.m.	\$90
<a href="#">62374</a>	3/5-3/28	Tu/Th	4-4:45 p.m.	\$80

### JUNIOR HOOPERS

#### Ages 6-8

Get focused on the fundamentals of basketball! Your child will learn basic basketball skills like ball handling, teamwork, and shooting techniques while increasing their overall physical fitness.

<a href="#">62349</a>	1/9-1/30	Tu/Th	4:45-5:30 p.m.	\$70
<a href="#">62350</a>	2/1-2/29	Tu/Th	4:45-5:30 p.m.	\$90
<a href="#">62375</a>	3/5-3/28	Tu/Th	4:45-5:30 p.m.	\$80

### PIANO INSTRUCTION

#### Ages 5 and Older

These weekly 30-minute private lessons cover music theory, ear training, and sight-reading which students will practice through pieces appropriate to their musical ability. Offered by appointment only.

<a href="#">62353</a>	1/4-1/25	Thursday	3-7 p.m.	\$30
<a href="#">62354</a>	2/1-2/29	Thursday	3-7 p.m.	\$30
<a href="#">62355</a>	3/7-3/28	Thursday	3-7 p.m.	\$30

### SPECIAL EVENT: GREAT BACKYARD BIRD COUNT



#### Ages 2 and Older

Come birding with us! Join us in this family friendly program as we explore Westcrest Park to search for birds. The Great Backyard Bird Count is a National Community Science Project designed to help scientists better understand global bird populations before one of their annual migrations. A great way to connect with nearby nature in a fun and meaningful way. Binoculars provided to borrow.

[63306](#) 2/17 Saturday 9:30-11 a.m. FREE

### WATCH ME DANCE!

#### Ages 2-4

We use movement and music to stimulate brain reflexes, teach social/emotional learning skills, and encourage joy and self-expression. Music, props, and brain-integrated dance games let this class strengthen bodies, minds, and souls of little ones. A parent/guardian must be in attendance in the classroom.

<a href="#">62359</a>	1/10-1/31	Wednesday	9:15-10 a.m.	\$48
<a href="#">62360</a>	2/7-2/28	Wednesday	9:15-10 a.m.	\$36
<a href="#">62377</a>	3/6-3/27	Wednesday	9:15-10 a.m.	\$48

### CREATIVE BALLET WITH TEACHER MARIKA

#### Ages 3-5

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way. No class 2/21.

<a href="#">62345</a>	1/10-1/31	Wednesday	10:15-11 a.m.	\$48
<a href="#">62346</a>	2/7-2/28	Wednesday	10:15-11 a.m.	\$36
<a href="#">62371</a>	3/6-3/27	Wednesday	10:15-11 a.m.	\$48

### TAP AND JAZZ: BEGINNER

#### Ages 5-8

Explore rhythms, body-mind coordination, and musicality while learning basic tap and jazz movements set to upbeat music. Each class will combine individual and combinations of dance skills. Tap shoes and Jazz or Ballet shoes required. No classes 1/15 or 2/19.

<a href="#">62343</a>	1/8-2/26	Monday	4:15-5:15 p.m.	\$66
<a href="#">62344</a>	3/4-3/25	Monday	4:15-5:15 p.m.	\$44

**WEST SEATTLE TAE KWON DO**

**Ages 18 and Older**

Learn Tae Kwon Do, a Korean martial art known primarily for its fast sparring techniques, dynamic forms, and strong kicks. Taught in a non-competitive atmosphere, students will improve physical abilities such as strength, speed, and coordination; and mental attributes such as confidence, self-control, and willpower.

<a href="#">62362</a>	<b>1/2-1/30</b>	<b>Tu/Th/Sa</b>	<b>6-7:30 p.m.</b>	<b>\$45</b>
<a href="#">62363</a>	<b>2/1-2/29</b>	<b>Tu/Th/Sa</b>	<b>6-7:30 p.m.</b>	<b>\$45</b>
<a href="#">62364</a>	<b>3/2-3/30</b>	<b>Tu/Th/Sa</b>	<b>6-7:30 p.m.</b>	<b>\$45</b>

**TANG SOO DO KARATE**

**Ages 10 and Older**

Self-defense is an important aspect of martial arts, but students will also learn self-confidence, focus, and integrity. Learning these important skills in addition to being physically fit is often why people start Tang Soo Do. We encourage parents to take classes with their kids whenever possible. Additional fees required. Please be prepared to order your uniform (dobok) after your first session. A one-time registration fee of \$35 to join the WTSDA (World Tang Soo Do Association) is required before the 2nd session or belt test, whichever comes first. When the student joins the WTSDA, they will receive their official patches for their uniforms.

<a href="#">62356</a>	<b>1/3-3/27</b>	<b>M/W</b>	<b>5:45-7 p.m.</b>	<b>\$134</b>
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Tae Kwon Do presentation at Fund the Fun 2022 - Photo by Mike Nakamura

# INTERNATIONAL DISTRICT/CHINATOWN CC

**ZONE  
ONE**

M/W/F: 11 a.m.-9 p.m. | Tu/Th: 9:30 a.m.-6 p.m. | Saturday: 9 a.m.-5 p.m.

## SENIOR EXERCISE

### Ages 50 and Older

Exercise and physical activity are good for just about everyone, including older adults. Come and sweat it out to your favorite aerobic DVDs. Hand weights and resistance bands provided. \$3 for participants 50-64, \$2 for participants 65 and Older.

**62558** 1/3-3/29 W/F 11 a.m.-12:30 p.m. \$2-\$3

## 8 ANIMAL / 8 METHODS KUNG-FU

### Ages 12 and Older

Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung Fu. Learn the effective, classical techniques from the style of 8 Animals and 8 Methods.

**62559** 1/6-3/2 Saturday 11 a.m.-Noon \$60

**62560** 3/9-4/20 Saturday 11 a.m.-Noon \$60

## PIANO LESSONS

### Ages 8 and Older

**\$40/session**

Learn to play the piano from an experienced professional in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. This course will help participants acquire intermediate piano skills. Prerequisite: Successful completion of Piano Lessons from July 2023 to Sept. 2023. Please contact International District/Chinatown Community Center at 206-233-0042 to schedule your private lessons.\*-Families can sign-up for one time slot and one day per person.

**63277** 1/6-3/30 Saturday 9 a.m.-12:30 p.m. / 1-5 p.m.

**63279** 1/2-3/26 Tuesday 2:30-7:30 p.m.

**63280** 1/5-3/29 Friday 3-5:30 p.m.



## LIFELONG RECREATION

ARTS, FITNESS, & SOCIAL OPPORTUNITIES FOR PEOPLE AGE 50+

**Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.**

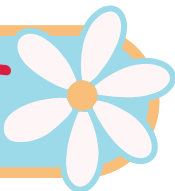
Find out more at [www.seattle.gov/parks/seniors/](http://www.seattle.gov/parks/seniors/) where you can download the Lifelong Recreation brochure and sign-up for our email newsletter. Contact us at 206-684-4951.



**Are you caring for a loved one living with memory loss? Lifelong Recreation now offers Dementia Friendly Recreation opportunities!**

## SPRING EGG HUNT

March 30 @ 10 a.m.



## SPECIAL EVENT: TEEN FLASHLIGHT EGG HUNT

**Ages 12-17**

Looking for a new twist on an egg hunt? Try finding the loot in the dark! Bring your own flashlight and bag, but don't be late because the hunt goes quick. Meet in the Jefferson Community Center lobby. Rain or shine, we will be outside, so dress for the weather.

**62633 3/29 Friday 8-8:30 p.m. FREE**

## BUSY BEE SOCCER

**Ages 3-5**

Increase self-esteem and build a love for soccer! Through a series of games and mini-matches your child will play in a non-competitive environment with an emphasis on teamwork and skill development. Parental supervision required.

**62539 1/8-3/11 Monday 4-4:45 p.m. \$90**

## JUNIOR HOOPERS

**Ages 5-7**

Get focused on the fundamentals of basketball! Your child will learn basic basketball skills like ball handling, teamwork, and shooting techniques while increasing their overall physical fitness.

**62525 1/8-3/11 Monday 5-5:45 p.m. \$90**

**REGISTRATION OPENS  
DECEMBER 5<sup>th</sup>**

**REGISTER ONLINE:  
[https://bit.ly/spr\\_activity\\_reg](https://bit.ly/spr_activity_reg)**

## SPECIAL EVENT: LUNAR NEW YEAR

**Ages 4 and Older**

Celebrate Lunar New Year at Jefferson Community Center with this free family event! 2024 is the Year of the Dragon and we will celebrate with activities, crafts, and food.

**63104 2/9 Friday 5-7 p.m. FREE**

## CREATIVE BALLET WITH TEACHER MARIKA

**Ages 3-6**

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way.

**62793 1/9-2/13 Tuesday 10:15-11 a.m. \$105**  
**62794 2/27-3/26 Tuesday 10:15-11 a.m. \$88**

## PIANO LESSONS

**Ages 5-12**

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Scholarships are available.

**62527 1/19-3/15 Friday 4-4:30 p.m. \$360**  
**62528 1/19-3/15 Friday 4:30-5 p.m. \$360**  
**62529 1/19-3/15 Friday 5-5:30 p.m. \$360**  
**62530 1/19-3/15 Friday 6-6:30 p.m. \$360**  
**62531 1/19-3/15 Friday 6:30-7 p.m. \$360**  
**62532 1/19-3/15 Friday 7-7:30 p.m. \$360**

## TEEN MOCK TRIAL

FREE

### Ages 14-17

Learn public speaking skills, acting, and case analysis through the Jefferson Mock Trial. Participants will experience new skills and challenges, learn to work as a team, and have the opportunity to earn service hours by tutoring each other.

**62539** 1/3-3/27 M/W 6-8 p.m. FREE



Teen Mock Trial Prep at Jefferson Community Center 2020

## BRAZILIAN JIU JITSU

### Ages 5-8

Learn the art of Brazilian Jiu Jitsu that teaches defense against larger assailants with proper technique and leverage. Your child's confidence will grow through an emphasis on healthy living, respect, self-discipline and integrity. We also practice meditation to help improve focus, self-awareness, and stress management.

**62508** 1/9-3/19 Tuesday 4:40-5:30 p.m. \$120

## YOUTH POTTERY: ALL LEVELS

### Ages 6-9

Youth will create ceramic projects using handbuilding and wheel throwing techniques. We'll complete each masterpiece with colorful glazes! Open to all levels, join us and let's get creative with clay!

### ▾ Ages 5-8

**62543** 1/13-3/9 Saturday 11 a.m.-12:30 p.m. \$280

### ▾ Ages 9-12

**62542** 1/13-3/9 Saturday 1-2:30 p.m. \$280

## ADULT POTTERY: ALL LEVELS

### Ages 18 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects. First bag of clay will be provided.

**62535** 1/9-3/5 Tuesday 10 a.m.-1 p.m. \$360

**62536** 1/9-3/5 Tuesday 5:30-8:30 p.m. \$360

**62537** 1/10-3/6 Wednesday 5:30-8:30 p.m. \$360

**62534** 1/11-2/29 Thursday 5:30-8:30 p.m. \$360

**63071** 1/12-3/8 Friday 1:30-4:30 p.m. \$360

**62533** 1/12-3/8 Friday 5:30-8:30 p.m. \$360

## YOGA

### Ages 18 and Older

Yoga is a physical practice suitable for all ages and experience levels. We connect breathing to movement through a sequence of postures that promote safe alignment, flexibility, and strength. Light meditation will be part of the program.

**62589** 1/18-3/14 Thursday 6:30-7:30 p.m. \$130

## GENTLE YOGA

### Ages 18 and Older

Gentle yoga helps correct alignment and awareness in stretches and movement. This class focuses on breathing to help increase strength and stamina, and improve flexibility. Students will develop better balance, posture, poise, and peace of mind.

**63571** 1/17-3/13 Wednesday 10-11 a.m. \$130

## MIXXED FIT

### Ages 16 and Older

MixedFit® is a dance fitness program combining explosive dancing with boot camp toning. Everything about MixedFit® is energetic; all the moves are big, exaggerated, and fun to get into.

<a href="#">63093</a>	1/8-2/19	Monday	6-7 p.m.	\$48
<a href="#">63094</a>	2/26-3/25	Monday	6-7 p.m.	\$48



### Athletics: Officials

**Learn more and apply at:**  
[www.arcseattle.org/jobs](http://www.arcseattle.org/jobs)

### **FOR MORE INFORMATION CONTACT:**

**Lamar, HR Recruiter**  
lamar.mapp@seattle.gov

**Kellie, HR Recruiter**  
Kellie.Kraus@seattle.gov

# RAINIER BEACH CC

ZONE  
ONE

Monday-Thursday: 8:30 a.m.-9 p.m. | Friday-Saturday: 8:30 a.m.-7 p.m. | Sunday: 9 a.m.-7 p.m.

## SPECIAL EVENT: DETECTIVE COOKIE'S CHESS CLASSIC

### Ages 5-18

Join us this spring for the 2nd Annual Detective Cookie Chess Classic, set to take place March 24th from 9am-4pm at the Rainier Beach Community Center in Seattle. The event is co-hosted by Detective Cookie's Chess Club and the Washington Chess Federation and is open to all students in grades K-12 as of the 2023-24 school year. At the courtesy of the organizers, entry into the tournament is free of charge. All sections are WA State Elementary Qualifiers. Generous trophies will be awarded to the top-finishing individuals and teams.

[63654](#) 3/24 Sunday 9 a.m.-4 p.m. FREE

## TOT SING AND PLAY

### Ages 6 months - 3 years

In this 45 minute child and caregiver class, we will sing and play along with an instructor. Learn to play different kinds of instruments. Songs will include rhythm, rhymes, and movement!

[62625](#) 1/11-2/8 Thursday 10:30-11:15 a.m. \$90

[62626](#) 2/15-3/28 Thursday 10:30-11:15 a.m. \$90

## BEGINNERS UKULELE

### Ages 5 and Older

Participants will learn to play the ukulele using carefully chosen songs offered in increasing difficulty. The class features finger picking, strumming, and chords as we learn together in a playful way. Students must bring their own ukulele to class.

### ▼ Ages 5-9

[63143](#) 1/10-2/14 Wednesday 4-4:45 p.m. \$60

[63138](#) 2/21-3/27 Wednesday 4-4:45 p.m. \$60

[62600](#) 1/10-2/14 Wednesday 5-5:45 p.m. \$60

[62603](#) 2/21-3/27 Wednesday 5-5:45 p.m. \$60

### ▼ Ages 10-13

[62601](#) 1/10-2/14 Wednesday 6-6:45 p.m. \$60

[62604](#) 2/21-3/27 Wednesday 6-6:45 p.m. \$60

### ▼ Ages 18 and Older

[62599](#) 1/10-2/14 Wednesday 7-7:45 p.m. \$60

[62602](#) 2/21-3/27 Wednesday 7-7:45 p.m. \$60

## GOJU RYU KARATE

FREE

### Ages 6 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker.

[62622](#) 1/3-3/27 M/W 7:15-8:30 p.m. FREE

## AEROBICS WITH BLESSED HEARTS FITNESS

### Ages 18 and Older

Get your all-in-one workout while moving and grooving to the beat! Engage in cardio pumping, strength building, and muscle toning.

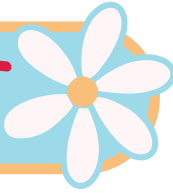
[62623](#) 1/4-2/8 Thursday 6-7 p.m. \$48

[62624](#) 2/15-3/28 Thursday 6-7 p.m. \$48



**SPRING EGG HUNT**

March 30 @ 10 a.m.



**SPECIAL EVENT: MARCH MADNESS**

**Ages 18 and Older**

Come join us over light refreshments to watch the NCAA Basketball Tournament opening weekend and compare your brackets with your neighbors.

**3/21-3/22 Thu-Fri Noon-7 p.m. FREE**

**STAMP CAMP WITH PHILLYSO CREATIVE**



**Ages 5-9**

Are you ready to learn different stamp techniques like heat embossing, water coloring, 3D projects, and more? Each month will feature a cultural sharing of drinks and food during the activity. Space is limited, so sign up early!

**63464 1/22-3/25 Monday 6-7 p.m. FREE**

**COVID GUIDELINES**



**FIND DETAILS ON PAGE 59**

**BEGINNING PIANO**

**Ages 5 and Older**

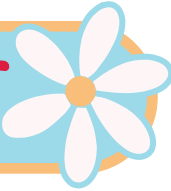
**\$40/session**

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons.

<b>62575</b>	<b>1/16-3/26</b>	<b>Tuesday</b>	<b>3:15-3:45 p.m.</b>
<b>64156</b>	<b>1/22-3/25</b>	<b>Monday</b>	<b>3:15-3:45 p.m.</b>

## SPRING EGG HUNT

March 30 @ 10 a.m.



## SPECIAL EVENT: STEAM SATURDAY NATURE EXPLORATION FOR TODDLERS

### Ages 1-5

Come explore and learn about our connection to nature through the five senses. Engage in science, technology, engineering, art, and mathematics.

<a href="#">63108</a>	1/13	Saturday	10:30-11:30 a.m.	\$10
<a href="#">63109</a>	2/10	Saturday	10:30-11:30 a.m.	\$10
<a href="#">63110</a>	3/9	Saturday	10:30-11:30 a.m.	\$10

## GROUP GUITAR LESSONS

### Ages 5 and Older

Find the musician within! Enjoy this small group setting with an emphasis on personal instruction to meet each student's needs. We'll focus on chords, theory, ear training, and finish with a recital. Weekly jam sessions with the instructor and practice time at the Center are included. All ages and skill levels welcome.

[63102](#) 1/18-4/4 Thursday 6:30-7:30 p.m. \$458



Guitar Lesson, photo by Kira Campbell

**CREATIVE BALLET WITH MOVING MINDS**

**Ages 5-6**

Starting with foundations learned in Playful Dance, your child will strengthen their confidence, control, musicality, and ability to collaborate. This class introduces children to ballet barre, more challenging movement combinations, and choreography tools to develop their own movement style.

**63072** 1/8-2/12 **Monday** 5:30-6:25 p.m. **\$84**  
**63073** 2/26-4/1 **Monday** 5:30-6:25 p.m. **\$100**

**PLAYFUL BALLET WITH MOVING MINDS**

**Ages 3-4**

Through active, imaginative dance play, your child will develop coordination, strength, and stability. In a creative, community-focused classroom, children become confident with ballet-based vocabulary and foundational movement patterns through music, games, and creative exploration.

**63096** 1/8-2/12 **Monday** 4:30-5:20 **\$84**  
**63097** 2/26-4/1 **Monday** 4:30-5:20 **\$100**

**YOUTH DEVELOPMENT  
TAEKWONDO**



**Ages 5-18**

Taekwondo promotes positive behaviors and improved life skills. Persistent positive feedback supports and reinforces educational achievement, behavioral change, and community building. We challenge our students to think critically and open their minds to change. Registration is open throughout the season. E-13 required.

**62548** 1/3-4/10 **M/W** 6-7:30 p.m. **FREE**

**YOUTH FUTSAL**



**Ages 5-13**

This high-paced game is similar to soccer, but is played indoors with unlimited substitutions. All skill levels welcome!

**63106** 1/6-4/6 **Saturday** 2:30-4:30 p.m. **FREE**

**FAMILY GARDEN CLUB**



**All Ages**

Grow together as a community and learn more about growing food, creating healthy gardens, and being environmental stewards. Participate in weekly classes taught by Seattle Urban Nature Guides and spend time working in the newly rebuilt Garfield Community Garden! Gloves and tools are provided.

**63078** 2/28-4/3 **Wednesday** 5:30-7 p.m. **FREE**

**MIDDLE SCHOOL LEADERSHIP  
PROGRAM**



**Ages 11-13**

This eight-week program will focus on the development of each student's individual strengths and leadership styles. We will place emphasis on experiential learning and provide students with opportunities to demonstrate teamwork, collaborate with peers, and showcase genuine leadership.

**63568** 1/16-3/12 **Tuesday** 4-5:45 p.m. **FREE**

**AEROBICS WITH BLESSED HEARTS FITNESS**

**Ages 16 and Older**

Get your all-in-one workout while moving and grooving to the beat! Engage in cardio pumping, strength building, and muscle toning.

**63074** 1/2-2/13 **Tuesday** 5:30-6:30 p.m. **\$56**  
**63075** 2/20-4/2 **Tuesday** 5:30-6:30 p.m. **\$56**

**MARCUS GARVEY BOOK CLUB**



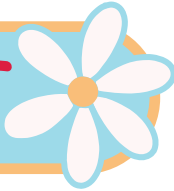
**Ages 18 and Older**

Books are the foundation of knowledge. Come join facilitators Reverend Harriett Walden and Erik Stark of The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical, and African American topics. You must be registered to attend. This class is a hybrid class. You may register for an in-person experience or choose to participate online via Webex video conferencing.

**62549** 1/2-3/19 **Tuesday** 6-7:30 p.m. **FREE**

## SPRING EGG HUNT

March 28 @ 10 a.m.



### SPECIAL EVENT: OPEN MIC POETRY NIGHT

#### All Ages

If you have a passion for sharing your favorite poems, showcasing original compositions, or if you enjoy listening to others, this is for you. It's completely FREE and we enthusiastically welcome young poets to join us! Let's strengthen our community through the power and beauty of poetry.

<a href="#">63314</a>	1/5	Friday	6-8 p.m.	FREE
<a href="#">63313</a>	2/2	Friday	6-8 p.m.	FREE
<a href="#">63312</a>	3/1	Friday	6-8 p.m.	FREE

### SPECIAL EVENT: CRAFT AND SIP

#### Ages 18 and Older

Enjoy some mocktails at this FREE event. Bring your own craft projects from home and meet new friends, learn new skills, and enjoy some good drinks!

<a href="#">63309</a>	1/25	Thursday	5-8 p.m.	FREE
<a href="#">63310</a>	2/29	Thursday	5-8 p.m.	FREE
<a href="#">63311</a>	3/28	Thursday	5-8 p.m.	FREE

### PRE BALLET

#### Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

<a href="#">63142</a>	2/2-2/23	Friday	3:45-4:30 p.m.	\$60
<a href="#">63141</a>	3/1-3/29	Friday	3:45-4:30 p.m.	\$60

### BALLET

#### Ages 6-10

Students learn traditional ballet curriculum set to classical music. Through the use of music, props and brain-integrated dance games, this class strengthens bodies and minds of dancers by providing a safe and positive environment for your child to express themselves through dance.

<a href="#">63140</a>	2/2-2/23	Friday	4:45-5:30 p.m.	\$60
<a href="#">63139</a>	3/1-3/29	Friday	4:45-5:30 p.m.	\$60

### JUNIOR HOOPERS

#### Ages 3-10

Get focused on the fundamentals of basketball! Your child will learn basic basketball skills like ball handling, teamwork, and shooting techniques while increasing their overall physical fitness.

#### ▼ Ages 3-5

<a href="#">63170</a>	2/6-2/27	Tuesday	2-2:45 p.m.	\$55
<a href="#">63174</a>	3/5-3/26	Tuesday	2-2:45 p.m.	\$55

#### ▼ Ages 6-10

<a href="#">63273</a>	2/6-2/27	Tuesday	3-3:45 p.m.	\$55
<a href="#">63275</a>	3/5-3/26	Tuesday	3-3:45 p.m.	\$55

### DRUM LESSONS

#### Ages 10 and Older

\$30/session

Learn expression through music! Lessons are 30 minutes long, and are tailored to each individual student, and teach students to read music, play by ear, music theory, and composition. We have a drum set on site. Call your community center to see what slots are available.

<a href="#">63127</a>	1/2-1/30	Tuesday	2-6 p.m.
<a href="#">63129</a>	2/6-2/27	Tuesday	2-6 p.m.
<a href="#">63128</a>	3/5-3/26	Tuesday	2-6 p.m.

### PIANO LESSONS

#### Ages 10 and Older

\$30/session

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Classes cannot be scheduled online. Please call Miller CC to schedule.

<a href="#">63131</a>	1/4-1/25	Thursday	2-6 p.m.
<a href="#">63130</a>	2/1-2/29	Thursday	2-6 p.m.
<a href="#">63132</a>	3/14-3/28	Thursday	2-6 p.m.

### GUITARS - NOT - GUNS GUITAR LESSONS



#### Ages 8-17

Join our guitar lessons for youth. No guitar? No worries! Instruction, instrument, and a safe environment are all provided. All you need to do is be present for each lesson over 8 weeks, and upon course completion you'll have the opportunity to own your guitar - in some cases, free!

<a href="#">63364</a>	2/2-3/22	Friday	4-5 p.m.	FREE
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**WOMEN'S SELF DEFENSE**

**Ages 10 and Older**

Your safety comes first! Learn essential safety and self-defense principles to recognize danger and avoid life-threatening situations. Specific methods include developing a confident voice, escaping from commons grabs, striking shock points, and getting to safety. Classes are ongoing; join anytime!

<a href="#">63136</a>	2/1-2/8	Thursday	7:15-8:15 p.m.	\$26
<a href="#">63173</a>	2/15-2/22	Thursday	7:15-8:15 p.m.	\$26

**FINE ART: DRAWING AND PAINTING**

**Ages 10 and Older**

Learn to draw through lessons that encourage advancements in motor skills, creativity, and self-confidence. Transform simple objects into wonderful works of art using a variety of media such as ink, pencil, charcoal, oil, paint and chalk. All ages and all skill levels welcome for this family friendly class.

<a href="#">63268</a>	1/8-2/12	Monday	4:30-6 p.m.	\$185
<a href="#">63267</a>	2/26-3/25	Monday	4:30-6 p.m.	\$185

**FEARLESS DRAWING**

**Ages 18 and Older**

Gain confidence in your drawing skills, and take home drawings you are proud to show off! Students will practice drawing from photos and observations and use mediums such as pencil and charcoal. Open to all experience levels!

<a href="#">63307</a>	2/7-2/28	Wednesday	6:30-8 p.m.	\$160
<a href="#">63308</a>	3/6-3/27	Wednesday	6:30-8 p.m.	\$160

**ADULT ART: INTRODUCTION TO WATERCOLOR**

**Ages 18 and Older**

Join us for a fun, creative introduction to watercolor painting with step-by-step instructions! Create impressive projects at a beginner's pace while exploring a variety of techniques. Learn how to create different washes, textures, and more. No art experience required.

<a href="#">63171</a>	1/8-2/12	Monday	6:30-8 p.m.	\$185
<a href="#">63172</a>	2/26-3/25	Monday	6:30-8 p.m.	\$185

**ADULT ART: LANDSCAPE PAINTING**

**Ages 18 and Older**

Join us for a fun introduction to acrylic painting with step-by-step instructions! We will explore a variety of techniques including color mixing, blending, creating texture, and more to create impressive projects at a beginner's pace. Please bring an apron to wear.

<a href="#">63262</a>	1/11-2/8	Thursday	1-2:30 p.m.	\$185
<a href="#">63304</a>	2/15-3/21	Thursday	1-2:30 p.m.	\$185

**ADULT ART: OIL PAINTING**

**Ages 18 and Older**

Join us for an exciting and informative oil painting class perfect for beginners and experienced painters. You will learn oil painting fundamentals including color mixing, brushwork, technique, and composition with guidance and feedback along the way. Leave class with a beautiful oil painting you're proud of.

<a href="#">63315</a>	2/2-2/23	Friday	6-7:30 p.m.	\$160
<a href="#">63316</a>	3/1-3/22	Friday	6-7:30 p.m.	\$160

**COVID GUIDELINES**

**FIND DETAILS ON PAGE 59**

# MILLER CC

**ZONE  
TWO**

Monday-Thursday: 10 a.m.-8:30 p.m. | Friday: 10 a.m.-8 p.m.

## PICKLEBALL: SKILLS AND DRILLS

### Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping-pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players.

[63137](#) 1/5-1/26 Friday 10:15-11:30 a.m. \$65

## SALSA & BACHATA

### Ages 18 and Older

We've combined Salsa, a blended dance form with origins in Cuba, and Bachata's soft hip motions and footwork in this dance class. Get ready for Caribbean and Latin influenced music as you learn basic skills and work one-on-one to practice and improve.

[63134](#) 1/4-1/25 Thursday 6-7 p.m. \$75  
[63133](#) 2/1-2/22 Thursday 6-7 p.m. \$75  
[63135](#) 2/29-3/28 Thursday 6-7 p.m. \$75

## MILLER CC BOOK CLUB



### Ages 18 and Older

Books are the foundation of knowledge, so get smart and join the new Miller Community Center book club. Each month covers a new book focusing on classic literature, culture, and history. Registration is required to attend.

[63174](#) 1/2-1/30 Tuesday 10:15 a.m.-12:15 p.m. FREE  
[63249](#) 2/6-2/27 Tuesday 10:15 a.m.-12:15 p.m. FREE  
[63248](#) 3/5-3/26 Tuesday 10:15 a.m.-12:15 p.m. FREE

## KOREAN SENIOR ASSOCIATION FITNESS & LUNCH PROGRAM



### Ages 60 and Older

King County residents over 60 years of age and adults with disabilities are welcome to enjoy nutritious meals while engaging in cultural activities, learning English, or finding volunteer opportunities. The Korean Senior Association (Korean language program) meets at Miller Community Center every Tuesday and Friday.

[63167](#) 1/2-3/29 Tu/F 9:30 a.m.-1 p.m. FREE



Learn more and apply at:  
[www.arcseattle.org/jobs](http://www.arcseattle.org/jobs)

**Childcare:  
Ages 3-12**

**Licensed Childcare  
Center Teachers**

**CREATIVE DANCE**

**Ages 3-5**

Young dancers experience the joy of dancing by learning the basics of movement and self-expression. A focus on how the body moves and musicality are emphasized through games, improvisation, and choreography. Students should wear clothes that promote comfort.

<a href="#">62461</a>	1/9-2/13	Tuesday	3:30-4:15 p.m.	\$85
<a href="#">62462</a>	2/20-3/26	Tuesday	3:30-4:15 p.m.	\$85

**PRE BALLET**

**Ages 5-7**

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

<a href="#">62463</a>	1/9-2/13	Tuesday	4:30-5:15 p.m.	\$90
<a href="#">62464</a>	2/20-3/26	Tuesday	4:30-5:15 p.m.	\$90

**BALLET**

**Ages 7-9**

We will develop ballet skills and vocabulary while inspiring creativity and expression. Barre and center work will be introduced as well as combinations and choreography. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled back. All students welcome.

<a href="#">62466</a>	1/9-2/13	Tuesday	5:30-6:30 p.m.	\$95
<a href="#">62467</a>	2/20-3/26	Tuesday	5:30-6:30 p.m.	\$95

**PIANO**

**Ages 6 and Older**

**\$46/session**

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. Call Northgate CC @ 206-386-4283 to schedule your classes. Total cost of classes due the first of each month. First payment is due at registration. No Class 3/7.

<a href="#">62454</a>	1/4-3/28	Thursday	3:30-5:50 p.m.	
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**GOJU RYU KARATE**

**Ages 14 and Older**

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker. All levels welcome.

<a href="#">62497</a>	1/8-2/12	Monday	5:30-7:30 p.m.	\$50
<a href="#">62498</a>	2/26-3/25	Monday	5:30-7:30 p.m.	\$50

**KENDO**

**Ages 10 and Older**

Kendo is the art of Japanese fencing. Kendo practice is composed of many types of training and our class will cater to all experience levels. Students will focus on the basics of footwork and swings, and will be introduced to modern Kendo Equipment (Shinai and Bokken) are required.

<a href="#">62400</a>	1/3-3/27	Wednesday	6:30-8 p.m.	\$104
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**ART AND SCIENCE: MIXED MEDIA ART**

**Ages 7-9**

Join us to paint, draw, learn, and experience the art of science. Using mixed media projects, we will explore the science of rainbows, outer space, insects, and more. These exciting projects will guide us through important art concepts as well. All materials are provided.

<a href="#">62595</a>	1/9-2/13	Tuesday	4:30-6 p.m.	\$97
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**MYTHS AND LEGENDS: MIXED MEDIA ART**

**Ages 7-9**

Explore the art of myths, legends, and folklore! We'll create mythical creatures like dragons, mermaids, and more through mixed media projects. Dive into the exciting history of these creatures as well as art concepts including perspective, texture, value, and more. All materials are provided.

<a href="#">62596</a>	2/20-3/26	Tuesday	4:30-6 p.m.	\$97
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### INTRODUCTION TO WATERCOLOR: FLORA & FAUNA

#### Ages 18 and Older

Join us for a creative introduction to watercolor painting inspired by nature. A local Seattle artist will guide you through creating different washes, textures, and more using step-by-step instructions. No art experience required. Note: Previous Intro to Watercolor students can continue to learn in this updated program. All materials are provided.

**62591** 2/20-3/26 Tuesday 6:30-8 p.m. \$157

### INTRODUCTION TO WATERCOLOR: THE ART OF FOOD

#### Ages 18 and Older

Connect through the joy of food and art. You'll paint impressive projects featuring desserts, drinks, and all things delicious at a beginner's pace using different techniques. Learn to use washes, textures, and more in scrumptious art you can almost taste. No experience required. All materials are provided.

**62590** 1/9-2/13 Tuesday 6:30-8 p.m. \$157

### PICKLEBALL: SKILLS AND DRILLS

#### Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players.

**62629** 1/11-3/28 Thursday Noon-1:30 p.m. \$110

**REGISTRATION OPENS  
DECEMBER 5<sup>th</sup>**

**REGISTER ONLINE:  
[https://bit.ly/spr\\_activity\\_reg](https://bit.ly/spr_activity_reg)**

### ADULT SWING DANCE

#### Ages 18 and Older

Add some fun into your weekly routine! Your instructor will guide you through the basics of beginner East Coast Swing and guarantees you will be ready to hit the dance floor at that next reunion, wedding, or party!

**62800** 1/9-2/13 Tuesday 6:45-7:45 p.m. \$81

**62799** 2/20-3/26 Tuesday 6:45-7:45 p.m. \$81

### ZUMBA®

#### Ages 21 and Older

Zumba® combines high energy, motivating music, and unique moves that allow you to dance away your worries. The routines feature aerobic/fitness interval training, combining fast and slow rhythms that tone and sculpt the body.

**63284** 1/10-2/14 Wednesday 6-7 p.m. \$66

**63359** 2/21-3/27 Wednesday 6-7 p.m. \$66

### GENTLE FLOW YOGA: INTERMEDIATE

#### Ages 18 and Older

This class incorporates simple flowing sequences to warm up the body. Additional slower paced movements focus on alignment, strength, balance, and flexibility. Some yoga experience is helpful. No Class 3/7.

**62457** 1/4-2/8 Thursday 5:30-6:30 p.m. \$84

**62458** 2/15-3/28 Thursday 5:30-6:30 p.m. \$84

### YOGA WIND DOWN

#### Ages 18 and Older

Wind down as you transition to the weekend with an hour of rejuvenating and relaxing poses. Some yoga experience is helpful.

**62455** 1/5-2/9 Friday 6:15-7:15 p.m. \$70

**62456** 2/23-3/29 Friday 6:15-7:15 p.m. \$70



**SPRING EGG HUNT**

March 30 @ 10 a.m.



**YOGA FOR THE YOUNG**

**Ages 1-5**

Our class will practice yoga through creative play and imagination. We will meet on our mats for stretching and movement. Class will end with a bit of relaxation. Parents and guardians have the option to join us in class.

**62931 1/11-3/28 Thursday 9:30-10:30 a.m. \$120**

**HIP POP 1**

**Ages 6-8**

Let's dance to hip-hop and pop music! We will warm-up, play games, and learn exclusive choreography to perform at the end of the quarter! Classes are focused on building confidence, all levels are welcome! No class 3/7.

**62991 1/11-3/28 Thursday 4:05-5 p.m. \$165**

**HIP POP 2**

**Ages 9-11**

Let's dance to hip-hop and pop music! We will warm up, play games, and learn exclusive choreography to perform at the end of the quarter! Classes are focused on building confidence! Some dance experience will benefit participants. No class 3/7.

**62992 1/11-3/28 Thursday 5:05-6 p.m. \$165**

**TRADITIONAL NON-CONTACT TAE KWON DO**

**Ages 6 and Older**

This class teaches non-contact Tae Kwon Do and focuses on 5 elements: Courtesy, Integrity, Perseverance, Self-Control and the Indomitable Spirit. Tae Kwon Do will help you increase your confidence, flexibility, balance, and strength. Testing fees are an additional cost. No Class 3/7.

**62919 1/3-1/31 M/W 6-7 p.m. \$56**

**62920 2/5-2/28 M/W 6-7 p.m. \$47**

**62921 3/4-3/27 M/W 6-7 p.m. \$56**

**Hosting Magnolia CC Traditional Non-Contact Tae Kwon Do**

**62994 1/2-1/30 Tu/Th 5:30-6:30 p.m. \$55**

**62995 2/1-2/29 Tu/Th 5:30-6:30 p.m. \$55**

**62996 3/5-3/28 Tu/Th 5:30-6:30 p.m. \$55**

**TEEN VOLUNTEERING**

**FREE**

**Ages 11-17**

Looking for regular high school volunteer hours? Come and volunteer your time in exchange for (High School) service credit hours needed for graduation in a fun family environment. Great experience in a public setting as well as community center needs/projects.

**62927 1/2-3/29 Mon-Fri 4-6 p.m. FREE**

**POTTERY FOR KIDS**

**Ages 5 and Older**

Learn the basics of clay sculpture. We will use pinch and slab techniques to complete a variety of hand building projects. Students will use brightly colored, non-toxic glazes, and be introduced to the art of pottery.

**63358 1/8-3/25 Monday 5-7 p.m. \$150**



Pottery for Kids Program at Queen Anne Community Center, 2011

## INTRODUCTION TO POTTERY

### Ages 15 and Older

Create pottery pieces using a combination of hand-building and throwing clay into works of art to experience an art that has endured the test of time. Participants will be guided through many techniques to decorate and build ceramic projects.

**62990** 1/12-2/29 Friday 5-8 p.m. \$450

## ADULT POTTERY

### Ages 18 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects.

**63350** 1/11-3/28 Thursday 5-8 p.m. \$450

### Hosting Magnolia CC Adult Pottery

**62984** 1/9-3/26 Tuesday 2-5 p.m. \$450

**62985** 1/10-3/27 Wednesday 9:30 a.m.-12:30 p.m. \$450

**62986** 1/10-3/27 Wednesday 2-5 p.m. \$450

## INTERMEDIATE WHEEL THROWING

### Ages 18 and Older

This class is for the potter with at least one previous wheel-throwing experience under their belt who is looking to add to their bag of tricks. Learn to throw larger, create modified forms, and assemble from wheel-thrown parts. Get ready to take your skills to the next level.

**62988** 1/12-3/29 Friday 9:30 a.m.-12:30 p.m. \$450

**62989** 1/12-3/29 Friday 1:30-4:30 p.m. \$450

## COVID GUIDELINES

FIND DETAILS ON PAGE 59

## VINYASA YOGA

### Ages 18 and Older

Energize your body and mind by flowing between a series of yoga poses (asanas) with mindful breathwork (pranayama).

**62930** 1/9-3/26 Tuesday 9:30-10:30 a.m. \$120

## PICKLEBALL SKILLS AND DRILLS

### Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players.

**62932** 1/8-2/12 Monday 9:30-11 a.m. \$75

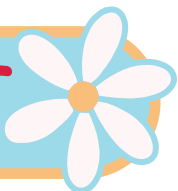
**62933** 2/26-3/25 Monday 9:30-11 a.m. \$75



Pickleball Tournament 2023, photo courtesy of TIA International Photography

**SPRING EGG HUNT**

March 30 @ 11 a.m.



**SPECIAL EVENT:  
TEEN TIK TOK CHALLENGE NIGHT**

**Ages 12-18**

Showcase your talent by entering the Tik Tok Dance Challenge. We've got prizes for 1st, 2nd, and 3rd Place, so get together with your best Tik Tok Dance Partner and join the challenge. Enjoy food and games with the community during the event.

**3/15 Friday 5-7 p.m. FREE**

**AMERICAN BUTOKUKAN**

**Ages 8 and Older**

American Butokukan translates to "Institute of Martial Virtue;" a modern, comprehensive, integrated program of instruction in traditional East-Asian martial arts. The training is both mental and physical. Mental aspects of training involve the development of self-discipline, self-confidence, tolerance, and understanding. Physical training encompasses aikido, karate, and related weapons.

<b>63090</b>	<b>1/3-1/31</b>	<b>M/W</b>	<b>6-7:45 p.m.</b>	<b>\$64</b>
<b>63091</b>	<b>2/5-2/28</b>	<b>M/W</b>	<b>6-7:45 p.m.</b>	<b>\$64</b>
<b>63092</b>	<b>3/4-3/27</b>	<b>M/W</b>	<b>6-7:45 p.m.</b>	<b>\$64</b>

**DRILLS AND SKILLS**

**Ages 10-17**

Teens will participate in team sports with supervision from Drills and Skills Staff. Everyone gets a chance to participate and enjoy the games and activities offered. Participants will improve their physical fitness as well as basketball, leadership, communication, teamwork, and hand-eye coordination skills.

<b>63087</b>	<b>1/2-1/31</b>	<b>Mon-Thu</b>	<b>4-6:45 p.m.</b>	<b>\$70</b>
<b>63088</b>	<b>2/1-2/29</b>	<b>Mon-Thu</b>	<b>4-6:45 p.m.</b>	<b>\$70</b>
<b>63089</b>	<b>3/4-3/28</b>	<b>Mon-Thu</b>	<b>4-6:45 p.m.</b>	<b>\$70</b>



Basketball Camp 2023, photo courtesy of TIA International Photography

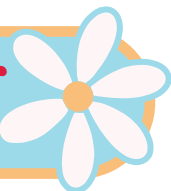
# BALLARD CC

## ZONE THREE

Monday-Friday: 10 a.m.-9 p.m. | Saturday: 10 a.m.-6 p.m. | Sunday: 10 a.m.-3 p.m.

## SPRING EGG HUNT

March 30 @ 10 a.m.



### PARENT AND TOT ART CLASS

#### Ages 2-5

Embark on an artistic adventure as you and your little one discover creativity using everyday materials, unlocking your inner artists together. Explore colors, shapes, and composition through painting and enchanting mark-making methods. Connect and collaborate on a joyful journey of art together!

<a href="#">63383</a>	1/9-1/30	Tuesday	10-11 a.m.	\$72
<a href="#">63386</a>	2/6-2/27	Tuesday	10-11 a.m.	\$72
<a href="#">63388</a>	3/5-3/26	Tuesday	10-11 a.m.	\$72

### MUSIC FOR TOTS AND PARENTS

#### Ages 2-4

Let your little ones learn music, as you release your own inner diva! Kids will have the opportunity to learn basic musical skills while playing, moving, and interacting with each other and their parents. Wear comfortable clothing and come prepared to move and sing.

<a href="#">63390</a>	1/8-2/2	Monday	10-10:45 a.m.	\$83
<a href="#">63392</a>	2/26-3/25	Monday	10-10:45 a.m.	\$83

### PARENT AND TOT POTTERY CREATION

#### Ages 2-5

Bring your budding artists to this playful clay class. Work with your toddler to explore the materials and make art together. A variety of projects and hand-building techniques will be introduced. Enjoy this special time together as you connect and collaborate over clay.

<a href="#">63319</a>	1/12-2/2	Friday	10-11 a.m.	\$88
<a href="#">63321</a>	2/9-3/1	Friday	10-11 a.m.	\$88
<a href="#">63323</a>	3/8-3/29	Friday	10-11 a.m.	\$88

### KIDS AT CLAY

#### Ages 5-11

The art of pottery is thousands of years old. In this class we will "travel" through time visiting various moments in pottery history, the people involved and any special clay or techniques they employ. This in-depth program allows students to explore different cultures as they relate to pottery.

<a href="#">63373</a>	1/10-3/27	Wednesday	1:30-4:30 p.m.	\$432
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### POTTERY FOR KIDS

#### Ages 5-12

Learn the basics of clay sculpture. We will use pinch and slab techniques to complete a variety of hand building projects. Students will use brightly colored, non-toxic glazes, and be introduced to the art of pottery.

#### ▼ Ages 5-8

<a href="#">63370</a>	1/13-3/23	Saturday	10-11:30 a.m.	\$176
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#### ▼ Ages 9-12

<a href="#">63371</a>	1/13-3/23	Saturday	11:30 a.m.-1 p.m.	\$176
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### D&D CLUB

#### Ages 8-12

Every Tuesday is an adventure with afterschool D & D club. Play a module a session with your friends or meet new friends.

<a href="#">63374</a>	1/2-3/26	Tuesday	2:30-4:30 p.m.	\$264
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### SPORTS CLUB

#### Ages 5-12

Enhance your skills in soccer, basketball, and racket sports as you learn the fundamentals and then play the games. We will emphasize mental attitude, the importance of teamwork, how to play as a team, and the benefits of playing sports.

<a href="#">63401</a>	1/8-3/25	Monday	2:30-5:30 p.m.	\$320
<a href="#">63400</a>	1/10-3/27	Wednesday	1:30-4:30 p.m.	\$384
<a href="#">63402</a>	1/12-3/29	Friday	2:30-5:30 p.m.	\$384

### FENCING: ADVANCED

#### Ages 15 and Older

Join us for practice sparring and light instruction. Experienced fencers must have all their own equipment and wear appropriate fencing attire. This includes mask, jacket, plastron, knickers or long pants, glove, and electric gear. We usually have one or two electric strips set up and all weapons are welcome.

<a href="#">63382</a>	1/9-3/28	Tu/Th	6:30-8:30 p.m.	\$100
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## ABC DO-RE-MI PLAY PARTY

### Ages 4-5

Children will sing, dance, and play together! Your little one will enjoy this opportunity to energetically explore movement and song as a group.

<a href="#">63394</a>	1/8-2/2	Monday	11-11:45 a.m.	\$83
<a href="#">63395</a>	2/26-3/25	Monday	11-11:45 a.m.	\$83

## ROCK BAN MUSIC IMMERSION



### Ages 5-12

Do you like to rock out, or would you like to learn how? Dive into this program and you'll learn rock instruments like drums, guitar, bass, piano, and voice. All levels are welcome. Bring your positive energy and get ready to rock.

<a href="#">63403</a>	1/12-2/16	Friday	2:30-4:30 p.m.	\$198
<a href="#">63404</a>	2/23-3/29	Friday	2:30-4:30 p.m.	\$198

## PERSONAL MUSIC LESSONS

### Ages 6 and Older

**\$40/Sessions**

Interested in learning a new instrument or want to improve on the skills you already have? Reserve a one-on-one 30-minute lessons for piano, guitar, bass, ukulele or drums.

<a href="#">63418</a>	1/8-1/29	Monday	5-5:30 p.m.
<a href="#">63419</a>	1/8-1/29	Monday	5:30-6 p.m.
<a href="#">63420</a>	1/8-1/29	Monday	6-6:30 p.m.
<a href="#">63421</a>	1/8-1/29	Monday	6:30-7 p.m.
<a href="#">63422</a>	1/8-1/29	Monday	7-7:30 p.m.
<a href="#">63423</a>	1/8-1/29	Monday	7:30-8 p.m.
<a href="#">63514</a>	1/8-1/29	Monday	8-8:30 p.m.
<a href="#">63429</a>	2/5-2/26	Monday	5-5:30 p.m.
<a href="#">63428</a>	2/5-2/26	Monday	5:30-6 p.m.
<a href="#">63427</a>	2/5-2/26	Monday	6-6:30 p.m.
<a href="#">63426</a>	2/5-2/26	Monday	6:30-7 p.m.
<a href="#">63425</a>	2/5-2/26	Monday	7-7:30 p.m.
<a href="#">63424</a>	2/5-2/26	Monday	7:30-8 p.m.
<a href="#">63513</a>	2/5-2/26	Monday	8-8:30 p.m.
<a href="#">63430</a>	3/4-3/25	Monday	5-5:30 p.m.
<a href="#">63431</a>	3/4-3/25	Monday	5-5:30 p.m.
<a href="#">63432</a>	3/4-3/25	Monday	6-6:30 p.m.
<a href="#">63433</a>	3/4-3/25	Monday	6:30-7 p.m.
<a href="#">63434</a>	3/4-3/25	Monday	7-7:30 p.m.
<a href="#">63435</a>	3/4-3/25	Monday	7:30-8 p.m.
<a href="#">63512</a>	3/4-3/25	Monday	8-8:30 p.m.

## ADULT POTTERY

### Ages 16 and Older

This mixed-level class goes beyond making bowls. Students will learn hand building, extruder and wheel throwing techniques. You will need your own tools; please bring them or purchase a kit at class. The first 25lbs of clay are included, and more can be purchased during facility operating hours.

#### Daytime Pottery

<a href="#">63337</a>	1/8-3/25	Monday	10 a.m.-12:30 p.m.	\$330
<a href="#">63345</a>	1/10-3/27	Wednesday	10 a.m.-12:30 p.m.	\$396

#### Evening Pottery

<a href="#">63348</a>	1/9-3/26	Tuesday	6-8:30 p.m.	\$396
<a href="#">63349</a>	1/10-3/27	Wednesday	6-8:30 p.m.	\$396
<a href="#">63351</a>	1/11-3/28	Thursday	6-8:30 p.m.	\$363

## ADULT WATERCOLOR

### Ages 16 and Older

Perfect for artists of all levels seeking creative growth, this watercolor class explores traditional techniques and experimental methods. Create a final piece that embodies your unique artistic vision. Bring your paints and brushes; the instructor will supply a materials list and artistic grade paper for your final masterpieces.

<a href="#">63375</a>	1/8-3/25	Monday	6:30-8:30 p.m.	\$240
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## BEGINNING PICKLEBALL

### Ages 16 and Older

Want to drop into pickleball, but not sure if your ready? Take Beginning pickleball and learn the rules, and skills that will make you feel comfortable to drop in for open play.

<a href="#">63378</a>	1/9-2/15	Tu/Th	1-2 p.m.	\$144
<a href="#">63379</a>	1/9-2/15	Tu/Th	2:30-3:30 p.m.	\$144
<a href="#">63380</a>	2/20-3/28	Tu/Th	1-2 p.m.	\$132
<a href="#">63381</a>	2/20-3/28	Tu/Th	2:30-3:30 p.m.	\$132

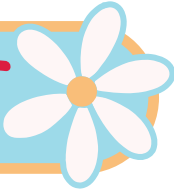
# BITTER LAKE CC

## ZONE THREE

Monday-Thursday: 8 a.m.-9 p.m. | Friday-Saturday: 8 a.m.-7 p.m. | Sunday: 10 a.m.-5 p.m.

## SPRING EGG HUNT

March 30 @ 10 a.m.



### SPECIAL EVENT: BINGO DAY

#### Ages 5 and Older

BINGO is the name of the game, and everybody is invited to play and have a chance to win awesome prizes! We will promptly start at noon and light refreshments will be provided. Entry fee is \$5/family (limit 4 people per family).

**63469** 1/21 Sunday Noon-2 p.m. \$5

### SPECIAL EVENT: PANCAKE BREAKFAST

#### All Ages

Join your friends and neighbors for our Annual Pancake Breakfast! Bring the whole family and enjoy all-you-can-eat pancakes, scrambled eggs, sausage, juice, and coffee!

**63105** 2/11 Sunday 9 a.m.-Noon \$6

### TOT ATHLETICS

Preschoolers will gain confidence with coordinated movement and motor skills while exploring a variety of sports and games. Students will learn the basics of basketball, soccer, and other athletic activities.

#### ▼ Ages 2-3

<b>63281</b>	1/11-2/15	Thursday	10:30-11:15 a.m.	\$66
<b>63850</b>	1/7-2/158	Sunday	10:30-11:15 a.m.	\$66
<b>63283</b>	2/22-3/28	Thursday	10:30-11:15 a.m.	\$66
<b>63851</b>	2/25-3/31	Sunday	10:30-11:15 a.m.	\$66

#### ▼ Ages 3-4

<b>63846</b>	1/11-2/15	Thursday	11-11:45 a.m.	\$66
<b>63847</b>	2/22-3/28	Thursday	10:30-11:15 a.m.	\$66

#### ▼ Ages 4-5

<b>63852</b>	1/7-2/158	Sunday	11:30 a.m.-12:15 p.m.	\$66
<b>63848</b>	1/11-2/15	Thursday	Noon-12:45 p.m.	\$66
<b>63853</b>	2/25-3/31	Sunday	11:30 a.m.-12:15 p.m.	\$66
<b>63849</b>	2/22-3/28	Thursday	Noon-12:45 p.m.	\$66

### LITTLE HOOPERS B-BALL

#### Ages 5-7

Learn the basics of basketball in a fun and safe environment! Students will practice passing, dribbling, shooting, rebounding, and more. We will use our new skills in organized group games. Each participant will receive a t-shirt. Please wear athletic shoes and bring a water bottle.

<b>62320</b>	1/2-2/6	Tuesday	5:15-6 p.m.	\$66
<b>62321</b>	2/13-3/26	Tuesday	5:15-6 p.m.	\$77

### ADVANCED KENDO

#### Ages 8 and Older

Kendo (way of the sword) is a co-ed martial art based on samurai traditions requiring mental and physical discipline. Students that progress to advanced skill level will practice wearing armor and engage in bouts with other students. All equipment can be purchased in class.

**62285** 1/4-3/28 Thursday 7-9 p.m. \$143

### KENDO PREP CLASS

#### Ages 8 and Older

This a Prep Class only. This class is for advanced kendo students working towards the PNKF Team and requires instructor approval.

<b>63080</b>	2/17	Saturday	9 a.m.-Noon	\$11
<b>63081</b>	3/9	Saturday	9 a.m.-Noon	\$11

### KENDO: THE WAY OF THE SWORD

#### Ages 8 and Older

Kendo (way of the sword) is a martial art based on samurai traditions requiring mental and physical discipline. Working with oak and bamboo swords, students will focus on footwork and sword handling, progressing at their own pace to practice with others.

**62319** 1/4-3/28 Thursday 7-8 p.m. \$130

### PAINTING WITH THE PROS: MIXED MEDIA ART

#### Ages 5-7

Learn about famous artists throughout history and create art inspired by their unique styles! From color with Vincent Van Gogh to polka dots with Yayoi Kusama, we will create inspired mixed media projects with a variety of supplies. Join us for this exciting exploration of art. All materials are provided.

<b>63031</b>	1/11-2/15	Thursday	4-5 p.m.	\$120
<b>63033</b>	2/22-3/28	Thursday	4-5 p.m.	\$100

## TOT MUSIC AND MOVEMENT

### Ages 3-5

Tots will venture into the expressive world of dance using their imaginations. Setting the stage with rhythmic music, students practice movement and engage with props, games, and stories. We will develop motor skills, balance, and coordination while we use our imaginations.

<a href="#">63276</a>	1/6-2/10	Saturday	2-2:45 p.m.	\$66
<a href="#">63278</a>	2/24-3/30	Saturday	2-2:45 p.m.	\$66

## CREATIVE DANCE

### Ages 3-4

Young dancers experience the joy of dancing by learning the basics of movement and self-expression. A focus on how the body moves and musicality are emphasized through games, improvisation, and choreography. Students should wear clothes that promote comfort.

<a href="#">62305</a>	1/6-2/10	Saturday	11-11:45 a.m.	\$66
<a href="#">62306</a>	2/24-3/30	Saturday	11-11:45 a.m.	\$66

## PRE-BALLET

### Ages 5-6

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

<a href="#">62324</a>	1/6-2/10	Saturday	Noon-12:45 p.m.	\$66
<a href="#">62325</a>	2/24-3/30	Saturday	Noon-12:45 p.m.	\$66

## BALLET 1

### Ages 6-8

Students learn traditional ballet curriculum set to classical music. Through the use of music, props and brain-integrated dance games, this class strengthens bodies and minds of dancers by providing a safe and positive environment for your child to express themselves through dance.

<a href="#">62303</a>	1/6-2/10	Saturday	1-1:45 p.m.	\$66
<a href="#">62304</a>	2/24-3/30	Saturday	1-1:45 p.m.	\$66

## DANCE FITNESS - LOW IMPACT

### Ages 8 and Older

Join a barefoot cardio-dance workout that builds flexibility, agility, strength, and stability. Dance is fun, low-impact, and adaptable for individual needs and abilities. Wear comfortable dancing clothes, we will be moving!

<a href="#">62309</a>	1/6-2/10	Saturday	9:30-10:30 a.m.	\$66
<a href="#">62310</a>	2/24-3/30	Saturday	9:30-10:30 a.m.	\$66

## PIANO LESSONS

### Ages 6 and Older

**\$30/session**

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. Please contact Bitter Lake Community Center at (206) 684-7524 for times and any other inquiries.

<a href="#">63495</a>	1/3-1/31	Wednesday	3-7:30 p.m.
<a href="#">63497</a>	1/4-1/25	Thursday	3-7:30 p.m.
<a href="#">63498</a>	1/6-1/27	Saturday	10 a.m.-2 p.m.
<a href="#">63499</a>	2/7-2/28	Wednesday	3-7:30 p.m.
<a href="#">63500</a>	2/1-2/29	Thursday	3-7:30 p.m.
<a href="#">63501</a>	2/3-2/24	Saturday	10 a.m.-2 p.m.
<a href="#">63503</a>	3/6-3/27	Wednesday	3-7:30 p.m.
<a href="#">63502</a>	3/7-3/28	Thursday	3-7:30 p.m.
<a href="#">63504</a>	3/2-3/30	Saturday	10 a.m.-2 p.m.

## ENTRY LEVEL CODING

### Ages 6 and Older

Learn the foundational knowledge of coding and how computer languages work. We cover the basics of coding for Python, Java, and HTML. If possible, students should bring their own computer to use, but this is not required. Private sessions are also available.

<a href="#">63505</a>	1/20	Saturday	11 a.m.-12:15 p.m.	\$36
<a href="#">63506</a>	1/27	Saturday	11 a.m.-12:15 p.m.	\$36
<a href="#">63507</a>	2/3	Saturday	11 a.m.-12:15 p.m.	\$36
<a href="#">63509</a>	2/10	Saturday	11 a.m.-12:15 p.m.	\$36
<a href="#">63510</a>	3/9	Saturday	11 a.m.-12:15 p.m.	\$36
<a href="#">63511</a>	3/16	Saturday	11 a.m.-12:15 p.m.	\$36

# BITTER LAKE CC

## ZONE THREE

Monday-Thursday: 8 a.m.-9 p.m. | Friday-Saturday: 8 a.m.-7 p.m. | Sunday: 10 a.m.-5 p.m.

### KUNG FU FOR SELF DEFENSE

#### Ages 10 and Older

Learn this non-traditional kung-fu based martial art and explore self-defense, meditation, conditioning, and awareness through graceful movement. Techniques are presented to each student in an individually driven curriculum. Wear comfortable clothes and practice barefoot or wear shoes with light colored tread. Students 10-13 must have a parent or guardian in attendance.

<a href="#">62314</a>	1/2-2/6	Tuesday	5:30-6:45 p.m.	\$66
<a href="#">62315</a>	2/20-3/26	Tuesday	5:30-6:45 p.m.	\$66

### ROLLER SKATING LESSONS

#### Ages 5-75

Learn to skate or improve your skills through lessons and interactive games for beginning and intermediate roller skaters and bladers. Classes are divided by skill level. Practice after class with others during Friday Family Skate Night! Additional insurance required for participants.

Youth		Ages 5-17		
<a href="#">62328</a>	1/5-2/9	Friday	6-6:45 p.m.	\$42
<a href="#">62329</a>	2/16-3/29	Friday	6-6:45 p.m.	\$42
Adult		Ages 18-75		
<a href="#">62326</a>	1/5-2/9	Friday	8:15-8:45 p.m.	\$54
<a href="#">62327</a>	2/16-3/29	Friday	8:15-8:45 p.m.	\$54

### FOUNDATIONAL MOVEMENT

#### Ages 15-75

Build and maintain strength, stability and suppleness in your spine, core, and hips. Using your own body weight and simple, effective movements, you will develop your backbone so you can move through life with a solid foundation. Yoga mat needed.

<a href="#">62316</a>	1/10-2/14	Wednesday	4:30-5:15 p.m.	\$66
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**REGISTRATION OPENS  
DECEMBER 5<sup>th</sup>**

REGISTER ONLINE:  
[https://bit.ly/spr\\_activity\\_reg](https://bit.ly/spr_activity_reg)

### PICKLEBALL: SKILLS AND DRILLS

#### Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players.

<a href="#">62322</a>	1/9-2/13	Tuesday	8:45-10 a.m.	\$90
<a href="#">63263</a>	1/5-2/9	Friday	8:45-10 a.m.	\$90
<a href="#">62323</a>	2/20-3/26	Tuesday	8:45-10 a.m.	\$90
<a href="#">63265</a>	2/23-3/29	Friday	8:45-10 a.m.	\$90

### SENIOR TECHNOLOGY LITERACY

#### Ages 30 and Older

Are you a senior interested in improving your knowledge of technology? Learn to use your cell phone, email, and social platforms in our small group sessions. You can connect with long-distance loved ones and explore engaging activities. Bring your device so we can answer questions in person. Private sessions are also available.

<a href="#">63100</a>	1/16	Tuesday	10-11:15 a.m.	\$36
<a href="#">63515</a>	1/23	Tuesday	10-11:15 a.m.	\$36

### EARLY BIRD COFFEE SOCIAL

FREE

#### Ages 50 and Older

Join us in a gathering space to enjoy a cup of coffee and pleasant company. This is a perfect time to chat, share stories, and connect with peers. Games and light refreshments will be provided.

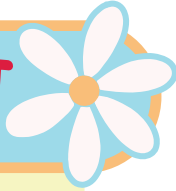
<a href="#">63101</a>	1/9, 2/13, 3/12	Tuesday	8:30-10 a.m.	FREE
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## SPRING EGG HUNT

March 30 @ 10 a.m.

Ages	Start Time
1-3	10 a.m.
4-6	10:30 a.m.
7-10	11 a.m.



## CREATIVE DANCE

**Ages 3-4**

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way.

<a href="#">61689</a>	1/13-2/10	Saturday	9:15-10 a.m.	\$75
<a href="#">61690</a>	2/24-3/23	Saturday	9:15-10 a.m.	\$75

## PRE BALLET

**Ages 3-4**

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

<a href="#">62471</a>	1/13-2/10	Saturday	10-10:45 a.m.	\$75
<a href="#">62472</a>	2/24-3/23	Saturday	10-10:45 a.m.	\$75

## PRE BALLET

**Ages 6-7**

We will develop ballet skills and vocabulary while inspiring creativity and expression. Barre and center work will be introduced as well as combinations and choreography. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled back. All students welcome.

<a href="#">61691</a>	1/13-2/10	Saturday	11 a.m.- Noon	\$85
<a href="#">62470</a>	2/24-3/23	Saturday	11 a.m.-Noon	\$85

## BASKETBALL: LITTLE DRIBBLERS

**Ages 6-7**

Your little one will learn the fundamentals of basketball like ball handling, conditioning, and technique. We will also focus on good nutrition and physical well-being while having fun. Open for kids of all skill levels in 1st and 2nd grade ONLY. Please bring your own water bottle.

<a href="#">63203</a>	1/18-2/15	Thursday	4:30-5:30 p.m.	\$50
<a href="#">63204</a>	2/22-3/28	Thursday	4:30-5:30 p.m.	\$50

**PATHWAY OF LIGHTS**

**Saturday, December 9**

**4:30 - 7:30 p.m.**

**All Ages** **FREE**

Come join us for a glowing walk around the inner Green Lake path lit up with luminary bags. We will have 3 music stages around featuring local schools and music groups. The event is held on the second Saturday of December. Dress for the weather. Please bring can food donations to help out your local neighbors and food bank. Families and high school students can be a part of the event by volunteering at the event. Students can earn volunteer hours at this event. Contact Green Lake Community Center for more information.

## PIANO LESSONS

**Ages 6 and Older** **\$46/session**

It's never too early (or late!) to develop your musical talent! Book one-on-one 30-minute piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day. \*Note: The lessons are booked in 35-minute time slots, however, the lessons are only 30 minutes, the last 5 minutes are required for sanitizing the room. Call Green Lake CC @ 206-684-0780 to schedule your classes.

<a href="#">62506</a>	1/5-3/22	Friday	3:30-5:50 p.m.
<a href="#">62376</a>	1/6-3/23	Saturday	9:30 a.m.-12:30 p.m.

### ART AND SCIENCE: MIXED MEDIA ART

#### Ages 7-10

Join us to paint, draw, learn, and experience the art of science. Using mixed media projects, we will explore the science of rainbows, outer space, insects, and more. These exciting projects will guide us through important art concepts as well. All materials are provided. No class 1/15.

**62476** 1/8-2/12 Monday 4:30-6 p.m. \$170

### MYTHS AND LEGENDS: MIXED MEDIA ART

#### Ages 7-10

Explore the art of myths, legends, and folklore! We'll create mythical creatures like dragons, mermaids, and more through mixed media projects. Dive into the exciting history of these creatures as well as art concepts including perspective, texture, value, and more. All materials are provided.

**62741** 2/26-3/25 Monday 4:30-6 p.m. \$170

### ADULT BEGINNING POTTERY

#### Ages 18 and Older

Join us in a relaxing ceramics studio to create hand-built pieces as well as cups, bowls, and vases on the potter's wheel. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration. No class 2/20.

**62367** 1/23-3/19 Tuesday 6-8:30 p.m. \$350

### ADULT POTTERY INTERMEDIATE

#### Ages 18 and Older

This course is for students who already have the basic throwing skills. Combine wheel thrown pieces with hand-built sculptures, double-wall pots and more. Students will learn to use various glaze and finishing techniques. Class includes a bag of clay and free studio time during the quarter. If registered after first clay no clay is included. No class 2/21.

**62370** 1/24-3/20 Wednesday 6-8:30 p.m. \$350

### ADULT POTTERY: HAND BUILDING/SCULPTURE

#### Ages 18 and Older

Students will learn hand-building and wheel throwing techniques to make unique projects. Create your own dinner ware, teapot set, and paint with slip or work on inlay designs and more. No experience needed. Class includes a bag of clay and free studio time during the quarter. Must wear a mask and bring your own water bottle. No class 2/21.

**62369** 1/24-3/20 Wednesday 10 a.m.-12:30 p.m. \$350

### ADULT POTTERY: WHEEL THROWING

#### Ages 18 and Older

Students will throw on the potter's wheel to make dinnerware, sugar jars with lids, and more. No experience needed. Class includes a bag of clay and free studio time during the quarter. No class 2/20.

**62368** 1/23-3/19 Tuesday 10 a.m.-12:30 p.m. \$350

### ADULT ART: INTRODUCTION TO WATERCOLOR

#### Ages 18 and Older

Join us for a fun, creative introduction to watercolor painting with step-by-step instructions! Create impressive projects at a beginner's pace while exploring a variety of techniques. Learn how to create different washes, textures, and more. No art experience required. No class 1/15 or 2/19.

**62474** 1/8-2/12 Monday 6:30-8 p.m. \$170

**62475** 2/26-3/25 Monday 6:30-8 p.m. \$170

### PICKLEBALL SKILLS AND DRILLS

#### Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players. No class 3/7.

#### Beginners

**63340** 1/11-3/28 Thursday 10:30-11:30 a.m. \$132

#### Intermediate

**62465** 1/9-3/12 Tuesday 10:30-11:30 a.m. \$125

### SPD WOMEN'S PERSONAL SAFETY CLASS

FREE

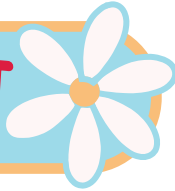
#### Ages 14 and Older

Through discussion and lecture you will be taught to avoid dangerous situations and decrease the odds of becoming a victim. Presented to you by female and male Seattle police officers and is not a self-defense class. This will be an in-person class. Must register by February 7th.

**63211** 2/17 Saturday 1-3 p.m. FREE

**SPRING EGG HUNT**

March 30 @ 10 a.m.



**SPECIAL EVENT: PANCAKE BREAKFAST**

**Ages 12 and Older**

Join your friends and neighbors for our Annual Pancake Breakfast! Bring the whole family and enjoy all-you-can-eat pancakes, scrambled eggs, sausage, juice, and coffee!

**63258** 3/3 Sunday 9-10 a.m. \$7

**LITTLE SEEDS PRESCHOOL**

**Ages 3-5**

This play-based, educational class for young children promotes positive social interaction, problem solving skills, and encourages self-expression. We'll explore creative arts, music, and movement activities as well as language, cognitive development, natural science, and outdoor discovery.

**60199** 1/2-1/31 Mon-Thu 9:30 a.m.-1 p.m. \$620  
**60198** 2/1-2/29 Mon-Thu 9:30 a.m.-1 p.m. \$490  
**60201** 3/4-3/28 Mon-Thu 9:30 a.m.-1 p.m. \$600

**SHORIN-RYU KARATE**

**Ages 9 and Older**

Learn traditional Okinawan karate in a safe, welcoming environment. Karate is an effective form of self-defense against one or several assailants. Learn to integrate offense and defense movements in pattern drills called kata. Develop concentration, calmness, confidence, and grow fit. No class 1/15 and 2/21.

**62768** 1/8-3/27 M/W 6-7:30 p.m. \$112

**TOT STORY TIME AND SOCIAL**

**NEW**

**Ages 5 and Younger**

Kids and their families will develop educational skills and enjoy their community through stories and activities focused on growing together. Plan to enjoy and share the wonderful imaginative world of books.

**64148** 1/9-1/30 Tuesday 3-3:45 p.m. \$36  
**64149** 2/6-2/27 Tuesday 3-3:45 p.m. \$36  
**64150** 3/5-3/26 Tuesday 3-3:45 p.m. \$36

**FAMILY MUSIC TIME**

**NEW**

**Ages 5 and Younger**

Children and their families will engage in rhymes, singing, activities, and movement using a creative arts-based programming. Participants can play together and be introduced to different instruments and sounds.

**64144** 1/9-1/30 Tuesday 4:30-5:30 p.m. \$44  
**64145** 2/6-2/27 Tuesday 4:30-5:30 p.m. \$44  
**64147** 3/5-3/26 Tuesday 4:30-5:30 p.m. \$44

**YOUTH GYMNASTICS**

**Ages 7-12**

Children practice gymnastics skills in a fun and positive environment. Students will be introduced to tumbling, balance beam, trampoline, and more while developing their physical strength, coordination and more. Additional insurance required for participants.

**62750** 1/10-3/ Wednesday 3:45-4:45 p.m. \$130

**COVID GUIDELINES**



**FIND DETAILS ON PAGE 59**

### PERSONAL MUSIC LESSON WITH ELIAS

#### Ages 10 and Older

Learn the essentials of piano, guitar, or bass in 30-minute private lessons offered monthly. Instruction is tailored to each student's needs and level. Musical elements, ear training, and song structure will be explored. Pre-registration required. Music book fee is separate if applicable. Student must have access to appropriate instrument for practice at home.

<a href="#">62771</a>	1/8-1/29	Monday	3-3:30 p.m.	\$90
<a href="#">62769</a>	1/8-1/29	Monday	3:30-4 p.m.	\$90
<a href="#">62770</a>	1/8-1/29	Monday	4-4:30 p.m.	\$90
<a href="#">62773</a>	1/8-1/29	Monday	6-6:30 p.m.	\$90
<a href="#">62774</a>	1/8-1/29	Monday	6:30-7 p.m.	\$90
<a href="#">62772</a>	1/8-1/29	Monday	7-7:30 p.m.	\$90
<a href="#">62775</a>	1/8-1/29	Monday	7:30-8 p.m.	\$90
<a href="#">62786</a>	2/5-2/26	Monday	3-3:30 p.m.	\$90
<a href="#">62784</a>	2/5-2/26	Monday	3:30-4 p.m.	\$90
<a href="#">62785</a>	2/5-2/26	Monday	4-4:30 p.m.	\$90
<a href="#">62787</a>	2/5-2/26	Monday	6-6:30 p.m.	\$90
<a href="#">62788</a>	2/5-2/26	Monday	6:30-7 p.m.	\$90
<a href="#">62789</a>	2/5-2/26	Monday	7-7:30 p.m.	\$90
<a href="#">62790</a>	2/5-2/26	Monday	7:30-8 p.m.	\$90
<a href="#">62778</a>	3/4-3/25	Monday	2:30-3 p.m.	\$120
<a href="#">62779</a>	3/4-3/25	Monday	3-3:30 p.m.	\$120
<a href="#">62776</a>	3/4-3/25	Monday	3:30-4 p.m.	\$120
<a href="#">62777</a>	3/4-3/25	Monday	4-4:30 p.m.	\$120
<a href="#">62781</a>	3/4-3/25	Monday	6-6:30 p.m.	\$120
<a href="#">62782</a>	3/4-3/25	Monday	6:30-7 p.m.	\$120
<a href="#">62780</a>	3/4-3/25	Monday	7-7:30 p.m.	\$120
<a href="#">62783</a>	3/4-3/25	Monday	7:30-8 p.m.	\$120

### PIANO LESSONS

#### Ages 10 and Older

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons.

<a href="#">63659</a>	1/11-1/25	Thursday	4-4:30 p.m.	\$90
<a href="#">63660</a>	1/11-1/25	Thursday	4:30-5 p.m.	\$90
<a href="#">63661</a>	1/11-1/25	Thursday	5-5:30 p.m.	\$90
<a href="#">63662</a>	1/11-1/25	Thursday	5:30-6 p.m.	\$90
<a href="#">63663</a>	1/11-1/25	Thursday	6-6:30 p.m.	\$90
<a href="#">63664</a>	1/11-1/25	Thursday	6:30-7 p.m.	\$90
<a href="#">63665</a>	1/11-1/25	Thursday	7-7:30 p.m.	\$90

### FENCING: BEGINNING

#### Ages 15 and Older

Beginner students will learn basic footwork, fencing techniques, strategy, rules, and etiquette. You'll end the quarter able to step onto the strip in electric gear and fence! Fencing equipment provided. Please wear long pants (sweats recommended) and athletic shoes. No class 1/15 and 2/21.

<a href="#">62749</a>	1/8-3/25	Monday	6:30-9 p.m.	\$110
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### FENCING: INTERMEDIATE

#### Ages 15 and Older

If you have beginning fencing skills, this class is your next step. Intermediate fencers are expected to have their own basic equipment: mask, jacket, plastron, gloves, knickers or long pants, and practice foil. Participants can rent a basic kit for \$30 for the entire season if needed. No class 1/15 and 2/21.

<a href="#">63286</a>	1/10-3/27	Wednesday	6:30-8 p.m.	\$100
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### ADULT SALSA AND BACHATA

#### Ages 13 and Older

We've combined Salsa, a blended dance form with origins in Cuba, and Bachata's soft hip motions and footwork in this dance class. Get ready for Caribbean and Latin influenced music as you learn basic skills and work one on one to practice and improve.

<a href="#">63302</a>	1/11-3/21	Thursday	6:15-7:30 p.m.	\$160
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### ALL LEVEL YOGA - FLOW WITH BREATH

#### Ages 16 and Older

This all-ages class focuses on creating extra space inside the body through deep stretching and breath. Participants will also gain benefits from practicing techniques to control breathing (pranayama - Life Force) to achieve calmness that also helps to clarify the mind.

<a href="#">62743</a>	1/8-3/25	Monday	5:30-6:30 p.m.	\$126
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### CIRCUIT TRAINING

#### Ages 18 and Older

Participants work through a series of 8 to 12 exercises for either a set time or no rest between exercises. These circuits involve the use of exercise equipment and body weight exercises. Workouts are fresh, interesting and challenging. Become a stronger you!

<a href="#">62744</a>	1/9-3/26	Tuesday	10:45-11:45 a.m.	\$91
<a href="#">62745</a>	1/11-3/28	Thursday	10:45-11:45 a.m.	\$71

**HOMESCHOOL FRIENDLY PROGRAMS**

**ANTRHOPOLOGY THROUGH FOOD** **Ages 10-18**

Food. We all eat it, but different cultures use a wide range of methods of preparation, ingredients, ways of gathering food, and cultural relationships to the foods they eat. One of humanity's strengths is creative omnivorism, and this course will explore how food has shaped culture and humanity. No class 2/21.

**62755** 1/10-3/13 **Wednesday** 12:30-1:25 p.m. **\$155**

**ART ADVENTURE** **Ages 5-10**

Let's have an adventure exploring different styles of art and art media. Priority will be placed on process over product and on meeting each child where they are in their personal and artistic development. No Class 2/21.

**62752** 1/10-3/13 **Wednesday** 11-11:55 p.m. **\$120**

**CARPENTRY** **Ages 5-10**

Kids' Carpentry is a hands-on toy building class designed to teach practical woodworking skills with an emphasis on the safe use of tools. Students will develop a repertoire of practical skills that will last a lifetime and construct fun projects that they will take home! No Class 2/21.

**63583** 1/10-3/13 **Wednesday** 9:30-10:55 a.m. **\$525**

**CIRCUS ARTS 101** **Ages 11-18**

Come and join the circus for a session! Your child will learn the secrets to juggling, acrobatics, and clowning. Students will find that practice and hard work can make the impossible possible. Additional insurance required for participants. No class 2/21.

**62753** 1/10-3/13 **Wednesday** 2:30-3:25 p.m. **\$270**

**EXPLORING FIBER ARTS** **Ages 9-18**

Learn to knit, weave, and more in this introduction to fiber arts. Your child will learn techniques used to make cloth for a variety of uses while also learning about textile history. No prior experience is necessary. Materials provided. No class 2/21.

**62757** 1/10-3/13 **Wednesday** 11-11:55 p.m. **\$165**

**HANDS ON ANALOG CIRCUITS** **Ages 6-12**

Learn circuit theory and build your own circuits with lights and sounds. Using discrete circuit components (resistors, capacitors, switches, transistors, LEDs, and more), you'll build your own custom circuits. Along the way, you'll learn circuit concepts such as current, voltage, Ohm's law and more! No class 2/21.

**62765** 1/10-3/13 **Wednesday** 2:30-3:25 p.m. **\$155**

**HIP HOP AND CREATIVE DANCE FUSION** **Ages 6-12**

This class will guide students in creative ways to move and express themselves to a variety of upbeat music. Students will learn foundational hip-hop skills and explore body movement through activities and games. We'll work on getting comfortable moving our bodies, improving coordination, and building self-confidence! No class 2/21.

**62756** 1/10-3/13 **Wednesday** 12:30-1:25 p.m. **\$165**

**NATURAL HISTORY OF PUGET LOWLANDS** **Ages 11-18**

You can always learn something new about the place you call home. Join us as we explore the natural wonders of the Puget Lowlands eco-region: mudflats, intertidal zones, temperate forests, human settlement, salmon-bearing rivers, and earthquake-jolted bluffs. This class partially meets Washington State History requirement. No class 2/21.

**63584** 1/10-3/13 **Wednesday** 10-10:55 a.m. **\$160**

**PARKOUR EFFICIENCY IN ACTION** **Ages 7-12**

Parkour is the art of moving creatively and efficiently through space. Students will use real-life obstacles to explore fluid movement in a safe and fun environment. Some gymnastic skills may be explored. Additional insurance required for participants. No class 2/21.

**62758** 1/10-3/13 **Wednesday** 12:30-1:25 p.m. **\$180**

**PHILOSOPHY** **Ages 7-12**

Children frequently ask philosophical questions about the human condition. Discussing these questions together lets us listen and understand our values and assumptions. We will also focus on making valid arguments while respecting the perspectives of others. Each class will have a prompt encouraging questions and discussion. No class 2/21.

**62756** 1/10-3/13 **Wednesday** 10-10:55 a.m. **\$170**

**PHILOSOPHY AND TECHNOLOGY** **Ages 12-18**

Join us as we explore some of the big ponderings around novel and everyday technologies. Throughout the course, we'll be sure to touch on ethics, reasoning, knowledge, and much more! No Class 2/21.

**62766** 1/10-3/13 **Wednesday** 11-11:55 a.m. **\$170**

**RECORDERS AND MUSIC PART 2** **Ages 6-18**

This second introductory class continues to help students understand music through rhythm, time signatures, and more. Students will learn to read more treble clef music, concepts of melody and harmony, and different musical formats like Rounds and Duets. Prerequisites: Previous recorder class or ability to read basic treble clef. No Class 2/21.

**62760** 1/10-3/13 **Wednesday** 1:30-2:25 p.m. **\$170**

**TINKERGARTEN** **Ages 2-6**

Through outdoor exploration following Tinkergarten's curriculum, students and their grown-ups use song, movement, and purposeful play to connect with nature while building key skills needed for students to thrive. Each season has a different focus, but always includes animals and development of our innate sense of curiosity. No class 2/21.

**62763** 1/10-3/13 **Wednesday** 10-10:55 a.m. **\$135**

**TUMBLING** **Ages 7-12**

Cartwheel, roll, and flip into tumbling in a safe, fun, and disciplined atmosphere for all levels. Your child will learn to do new moves through manageable drills at their own pace. Individualized instruction helps student meet goals and consistently progress. Let's stand on our hands and jump off our feet! No class 2/21.

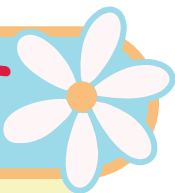
**62764** 1/10-3/13 **Wednesday** 1:30-2:25 p.m. **\$180**

# MAGNUSON CC

## ZONE THREE

Monday-Tuesday, Friday: 2-9 p.m. | Wednesday-Thursday: 9 a.m.-8 p.m. | Saturday: 10 a.m.-5 p.m.

## SPRING EGG HUNT



March 30

Ages	Start Time
0-2	10:20 a.m.
3-5	10:40 a.m.
6-7	11 a.m.
8-9	11:20 a.m.
10-12	11:40 a.m.

## SPECIAL EVENT: FAMILY GAME NIGHT

All Ages

Play a variety of games, new and familiar! We'll play card games, board games, trivia, and more!

[63926](#) 1/26 Friday 6-8:30 p.m. FREE

## SPECIAL EVENT: TEEN GLOW HUNT

Ages 12-17

Join us and your friends for a fun filled night of games and searching for eggs. This event is rain or shine. Make sure to have a flash light and a bag to get your goodies.

[63577](#) 3/29 Friday 8-10 p.m. FREE

## MARTIAL ARTS FOR SELF DEFENSE

Ages 12 and Older

With lessons from 3rd degree black belts, you will learn the philosophy, strategy, and practical applications of a blend of martial arts. Using mid to low level impact movements you're physical, mental, and emotional training begins here.

<a href="#">62395</a>	1/8-1/31	M/W	5-7 p.m.	\$56
<a href="#">62394</a>	2/7-2/28	M/W	5-7 p.m.	\$48
<a href="#">62393</a>	3/4-3/27	M/W	5-7 p.m.	\$64

## MAGNUSON CC

ROCK THE PARK | AGES 12-17



### ACADEMIC TIME

Flex your mind muscles with games like Chess, or take some time to finish up that homework so you can do whatever you want at home!

[62383](#) 1/10-3/27 Mon-Fri 4-6 p.m. FREE

### BOARD GAMES

Drop in and game with us! From casual to competitive gaming, fun is at your fingertips!

[62378](#) 1/11-3/28 Thursday 6-7:30 p.m. FREE

### MOVIE NIGHT

What better way to end the week than with a free movie? Join us for some old-school and new-school classics, as well as seasonal films. Oh, and there's popcorn, too!

[62379](#) 1/8-3/25 Monday 6-8:30 p.m. FREE

### PAINTING

Express yourself through brush strokes and create whatever comes to your mind. Paint beautiful landscapes, lush fruits, or dashing portraits. Bob Ross would be proud.

[62381](#) 1/10-3/27 Wednesday 5-6 p.m. FREE

### TEEN COUNCIL

Utilize your leadership skills, be active and involved in planning field trips, special events, fundraising and giving back to the community.

[62384](#) 1/10-3/27 Wednesday 3-4 p.m. FREE

### TEEN OPEN GYM

Want to shoot some hoops or play Volleyball? Stay active, meet new people of all skill levels, and enjoy a pick-up basketball or volleyball game.

[62380](#) 1/8-3/27 M/W 4-6 p.m. FREE

## HAPPYFEET PARENT AND ME

### Ages 2-3

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, parent and child will be guided through events providing opportunities for practice of problem solving and increase confidence through soccer.

<a href="#">62385</a>	<b>1/10-1/31</b>	<b>Wednesday</b>	<b>3-3:30 p.m.</b>	<b>\$69</b>
<a href="#">62386</a>	<b>2/7-2/28</b>	<b>Wednesday</b>	<b>3-3:30 p.m.</b>	<b>\$69</b>
<a href="#">62645</a>	<b>3/6-3/27</b>	<b>Wednesday</b>	<b>3-3:30 p.m.</b>	<b>\$69</b>

## HAPPYFEET SOCCER

### Ages 2-9

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, your child will be guided through events where they can practice problem solving and increase confidence through soccer.

#### ▼ Ages 3-5

<a href="#">62387</a>	<b>1/10-1/31</b>	<b>Wednesday</b>	<b>3:30-4 p.m.</b>	<b>\$69</b>
<a href="#">62388</a>	<b>2/7-2/28</b>	<b>Wednesday</b>	<b>3:30-4 p.m.</b>	<b>\$69</b>
<a href="#">62646</a>	<b>3/6-3/27</b>	<b>Wednesday</b>	<b>3:30-4 p.m.</b>	<b>\$69</b>

#### ▼ Ages 5-6

<a href="#">62390</a>	<b>1/10-1/31</b>	<b>Wednesday</b>	<b>4-4:45 p.m.</b>	<b>\$103</b>
<a href="#">62389</a>	<b>2/7-2/28</b>	<b>Wednesday</b>	<b>4-4:45 p.m.</b>	<b>\$103</b>
<a href="#">62647</a>	<b>3/6-3/27</b>	<b>Wednesday</b>	<b>4-4:45 p.m.</b>	<b>\$103</b>

#### ▼ Ages 6-9

<a href="#">62391</a>	<b>1/10-1/31</b>	<b>Wednesday</b>	<b>2:15-3 p.m.</b>	<b>\$103</b>
<a href="#">62392</a>	<b>2/7-2/28</b>	<b>Wednesday</b>	<b>2:15-3 p.m.</b>	<b>\$103</b>
<a href="#">62644</a>	<b>3/6-3/27</b>	<b>Wednesday</b>	<b>2:15-3 p.m.</b>	<b>\$103</b>



Soccer Program hosted at Van Asselt Community Center, 2018

## CREATIVE STORY TIME

**NEW**

### Ages 1-5

Your child will create art, read stories, and play games! Each class will focus on a different concept of art including color, shape, line and pattern while inspiring creativity and fun. All materials are provided. Parents are required to attend the class. Wear clothes that can get messy.

#### ▼ Ages 1-3

<a href="#">62413</a>	<b>1/11-1/25</b>	<b>Thursday</b>	<b>9:15-10 a.m.</b>	<b>\$45</b>
<a href="#">62586</a>	<b>1/13-1/27</b>	<b>Saturday</b>	<b>10-10:45 a.m.</b>	<b>\$45</b>
<a href="#">62414</a>	<b>2/1-2/29</b>	<b>Thursday</b>	<b>9:15-10 a.m.</b>	<b>\$75</b>
<a href="#">62587</a>	<b>2/3-2/24</b>	<b>Saturday</b>	<b>10-10:45 a.m.</b>	<b>\$60</b>
<a href="#">62588</a>	<b>3/2-3/30</b>	<b>Saturday</b>	<b>10-10:45 a.m.</b>	<b>\$60</b>
<a href="#">62415</a>	<b>3/14-3/28</b>	<b>Thursday</b>	<b>9:15-10 a.m.</b>	<b>\$45</b>

#### ▼ Ages 3-5

<a href="#">62410</a>	<b>1/11-1/25</b>	<b>Thursday</b>	<b>10:15-11 a.m.</b>	<b>\$45</b>
<a href="#">62583</a>	<b>1/13-1/27</b>	<b>Saturday</b>	<b>11-11:45 a.m.</b>	<b>\$45</b>
<a href="#">62411</a>	<b>2/1-2/29</b>	<b>Thursday</b>	<b>10:15-11 a.m.</b>	<b>\$75</b>
<a href="#">62584</a>	<b>2/3-2/24</b>	<b>Saturday</b>	<b>11-11:45 a.m.</b>	<b>\$60</b>
<a href="#">62585</a>	<b>3/2-3/30</b>	<b>Saturday</b>	<b>11-11:45 a.m.</b>	<b>\$60</b>
<a href="#">62412</a>	<b>3/14-3/28</b>	<b>Thursday</b>	<b>10:15-11 a.m.</b>	<b>\$45</b>

## PRIVATE PIANO LESSONS

### Ages 6 and Older

**\$30/session**

It's never too early (or late!) to develop your musical talent! Book one-on-one or small group piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day.

<a href="#">62398</a>	<b>1/8-3/25</b>	<b>Monday</b>	<b>3-6:30 p.m.</b>
<a href="#">62397</a>	<b>1/12-3/29</b>	<b>Friday</b>	<b>3-6:30 p.m.</b>
<a href="#">62396</a>	<b>1/13-3/30</b>	<b>Saturday</b>	<b>12:30-4 p.m.</b>

# MEADOWBROOK CC

## ZONE THREE

Monday-Friday: 8:30 a.m.-8:30 p.m. | Saturday: 9 a.m.-5 p.m.

## SPECIAL EVENT: LUMINARIA WALK

### All Ages

Each year, for one night only, we decorate the boardwalk and pathways of Meadowbrook Pond with hundreds of glowing luminarias. Bring your friends and family to this magical community space, stroll along, say hi to your neighbors, and sip hot coco and munch on cookies.

**12/2 Saturday 5:30-7:30 p.m. FREE**

**VOLUNTEER: SET UP CREW Ages 10 and Older**

**12/2 Saturday 3:30-5:30 p.m.**

**VOLUNTEER: CLEAN UP CREW Ages 10 and Older**

**12/2 Saturday 8-9 p.m.**

## SHOTOKAN KARATE: BEGINNER

### Ages 7 and Older

Here's your chance to try martial arts! The fundamentals of martial arts are based on understanding your body, movement, and space with and without a partner. Classes focus on kihon (basic techniques), kata (forms), and kumite (partner work), self-confidence, and self-defense. Parents are encouraged to remain in class with younger students.

**63177 1/3-1/31 M/W 6:30-7:30 p.m. \$40**

**63178 2/5-2/28 M/W 6:30-7:30 p.m. \$35**

**63179 3/4-3/27 M/W 6:30-7:30 p.m. \$40**

## SHOTOKAN KARATE: ADVANCED

### Ages 14 and Older

Learn the practice of Karate. You will use a variety of techniques including blocks, strikes, evasions, throws, and joint manipulations.

**63186 1/3-1/31 M/W/F 6:30-8:30 p.m. \$80**

**63189 2/2-2/28 M/W/F 6:30-8:30 p.m. \$75**

**63188 3/1-3/29 M/W/F 6:30-8:30 p.m. \$90**

## KENDO: THE WAY OF THE SWORD

### Ages 10-18

Kendo (way of the sword) is a martial art based on samurai traditions requiring mental and physical discipline. Working with oak and bamboo swords, students will focus on footwork and sword handling, progressing at their own pace to practice with others.

**63175 1/8-3/25 Monday 7-8:30 p.m. \$63**

**63176 1/8-3/25 Monday 7-8:30 p.m. \$63**

## PRE-BALLET

### Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

**63184 1/11-2/8 Thursday 3:15-4 p.m. \$45**

**63185 2/15-3/28 Thursday 3:15-4 p.m. \$54**

## BALLET 1

### Ages 6-10

Students learn traditional ballet curriculum set to classical music. Through the use of music, props and brain-integrated dance games, this class strengthens bodies and minds of dancers by providing a safe and positive environment for your child to express themselves through dance.

**63158 1/11-2/8 Thursday 4-4:45 p.m. \$45**

**63145 2/15-3/28 Thursday 4-4:45 p.m. \$54**

## DANSATION

### Ages 16 and Older

Love to dance? Find your rhythm in this cardio dance class with a range of music from hip hop to radio hits and Latin beats. Fast and slow rhythms help tone your body, burning fat, and build endurance. We aim for connection not perfection, it's just us and the dance floor.

**63151 1/9-1/30 Tuesday 6:15-7:15 p.m. \$40**

**63152 2/6-2/27 Tuesday 6:15-7:15 p.m. \$40**

**63153 3/5-3/26 Tuesday 6:15-7:15 p.m. \$40**

## BALLROOM AND LATIN DANCE

### Ages 16 and Older

Let's dance! Each session is tailored to the majority of the participants' requests. We will cover several dance styles including tango, cha-cha, foxtrot, waltz, swing, and salsa. Come by yourself or with a partner. Please bring your dancing shoes.

**63146 1/11-2/8 Thursday 7-8 p.m. \$45**

**63147 2/15-3/28 Thursday 7-8 p.m. \$54**



**PERSONAL BEGINNER PIANO LESSONS**

**Ages 8 and Older** **\$36/session**

Learn the essentials of piano in 30-minute private lessons offered monthly. Instruction is at an introductory or beginner level, tailored to each student's needs. Musical elements, ear training, and song structure will be explored. Pre-registration required. Music book fee is separate if applicable. Student must have access to appropriate instrument for practice at home.

**63180** 1/9-3/26 **Tuesday** 3:30-6:30 p.m.  
**63181** 1/10-3/27 **Wednesday** 2-6:30 p.m.

**COMMUNITY KITCHEN**

**Ages 12 and Older**

Sustainable NE Seattle and the Meadowbrook CC are creating a community kitchen to gather people around food as they plan, cook, learn, and eat together. We focus on vegetarian organic food that is healthy for people and the planet. Participants will have food to take home, so bring your own dishes/cookware

**63149** 1/18 **Thursday** 6-8:30 p.m. **\$65**  
**63148** 2/15 **Thursday** 6-8:30 p.m. **\$65**  
**63150** 3/21 **Thursday** 6-8:30 p.m. **\$65**



Community Kitchen Program, 2011

**STOP THE BLEED**

**Ages 16 and Older**

Learn what to do to stop severe bleeding in an emergency. It's important for everyone to have this life-saving skill so come one, come all. Please register in advance so we have enough materials for students.

**63183** 1/27 **Saturday** 10-11:30 a.m. **FREE**

**FANCY FAKE FITNESS  
(JUST ANOTHER TUESDAY)**



**Ages 18 and Older**

Been dying to show off an outfit? Is your fine suit hiding on a hanger? Have a ballgown with nowhere to go? Get fancy and immerse yourself in new music in this a class for people NOT looking for a workout. Expect NO real fitness—DO EXPECT FUN!

**63831** 1/9-1/30 **Tuesday** 7:20-8:20 p.m. **\$40**  
**63832** 2/6-2/27 **Tuesday** 7:20-8:20 p.m. **\$40**  
**63833** 3/5-3/26 **Tuesday** 7:20-8:20 p.m. **\$40**

**LATE NIGHT BADMINTON**

**Ages 18 and Older**

In efforts to offer badminton during our basketball season, we created a registered badminton program. Must be registered to participate, doors lock at 10 p.m.

**63192** 1/5-3/15 **Friday** 9:30-11 p.m. **\$65**

**ENGLISH AS A SECOND  
LANGUAGE - ALL LEVELS**



**Ages 18 and Older**

Practice English in a friendly, relaxed setting and work at a more experienced level over tea and coffee. The focus will be on conversation, but can also include grammar, reading, and writing as needed. Note: There is a children's table, but parents/guardians must supervise their own children.

**63156** 1/9-3/26 **Tuesday** 9:30-11 a.m. **FREE**  
**63159** 1/11-3/28 **Thursday** 9:30-11 a.m. **FREE**

**COVID GUIDELINES**

**FIND DETAILS ON PAGE 59**

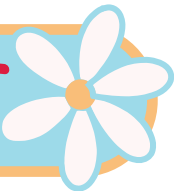
# RAVENNA ECKSTEIN CC

## ZONE THREE

Monday-Thursday: 12:30-8 p.m. | Friday: 12:30-7:30 p.m. | Saturday: 9-5 p.m.

## SPRING EGG HUNT

March 30 @ 11 a.m.



### GOJU RYU KARATE

#### Ages 14 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker.

<a href="#">62490</a>	1/5-1/26	Friday	5-7 p.m.	\$20
<a href="#">62489</a>	2/2-2/23	Friday	5-7 p.m.	\$20
<a href="#">62488</a>	3/1-3/29	Friday	5-7 p.m.	\$25

### SHOTOKAN KARATE: BEGINNER

#### Ages 7 and Older

Here's your chance to try martial arts! The fundamentals of martial arts are based on understanding your body, movement, and space with and without a partner. Classes focus on kihon (basic techniques), kata (forms), and kumite (partner work), self-confidence, and self-defense. Parents are encouraged to remain in class with younger students.

<a href="#">62493</a>	1/11-2/15	Thursday	6-6:45 p.m.	\$65
<a href="#">62494</a>	2/22-4/4	Thursday	6-6:45 p.m.	\$65

### SHOTOKAN KARATE: INTERMEDIATE/ADVANCE

#### Ages 7 and Older

Have fun learning traditional Japanese Shotokan karate. Martial Arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace. Students participating at the intermediate level should have reached orange belt or above, or with instructors permission.

<a href="#">62492</a>	1/11-2/15	Thursday	7-8 p.m.	\$130
<a href="#">63266</a>	2/22-4/4	Thursday	7-8 p.m.	\$130

### PRE BALLET

#### Ages 3-6

We will develop ballet skills and vocabulary while inspiring creativity and expression. Barre and center work will be introduced as well as combinations and choreography. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled back. All students welcome.

#### ▼ Ages 3-4

<a href="#">63320</a>	1/5-2/16	Friday	1-1:45 p.m.	\$100
<a href="#">63322</a>	2/23-4/5	Friday	1-1:45 p.m.	\$100

#### ▼ Ages 4-6

<a href="#">62491</a>	1/5-2/16	Friday	2-2:45 p.m.	\$100
<a href="#">63261</a>	2/23-4/5	Friday	2-2:45 p.m.	\$100

### TINY TOTS

#### Ages 2-5

This educational and age-appropriate class includes individual and group play, storytelling, arts and crafts, yoga, music, field trips, and more. Parents are required to take turns assisting the teacher with class room duties and snacks. Participants must be 2 years of age by September 1 in order to participate. Exceptions made only with teacher approval.

<a href="#">62495</a>	1/8-2/8	Mon-Thu	11:45 a.m.-2:45 p.m.	\$875
<a href="#">63260</a>	2/12-3/14	Mon-Thu	11:45 a.m.-2:45 p.m.	\$850

### CHAIR YOGA

#### Ages 18 and Older

Stretch and move with awareness, correct alignment, and a focus on breath to increase strength and stamina, improve flexibility, and develop better balance, posture, poise, and peace of mind. Chair yoga offers accessibility and is adapted for individuals with mobility and balance challenges.

<a href="#">62484</a>	1/10-2/7	Wednesday	5:30-6:15 p.m.	\$80
<a href="#">63365</a>	2/14-3/13	Wednesday	5:30-6:15 p.m.	\$80

### YOGA: BEGINNER

#### Ages 18 and Older

This beginner yoga class introduces the fundamental principles of pose alignment and breath. Students will be introduced to yoga postures through verbal description and demonstration. All levels can work within their own ability. Wear comfortable clothes and bring a yoga mat and block if you have them.

<a href="#">62496</a>	1/10-3/13	Wednesday	6:30-7:15 p.m.	\$150
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LEARN MORE AT:  
[WWW.SEATTLE.GOV/PARKS/ATHLETICS](http://WWW.SEATTLE.GOV/PARKS/ATHLETICS)  
**REGISTRATION NOW OPEN!**

# CITYWIDE ATHLETICS



## WINTER 2024 SPORTS

### YOUTH BASKETBALL

This league provides athletes the opportunity to learn and solidify the fundamentals of basketball including team play and sportsmanship.

Teams are grouped by age and ability and all players are required to have a minimum amount of playing time each game. Practices occur at the home community center or nearby gym; practice days & times vary depending on team/coach. Games occur at various Community Centers throughout the city. Games begin in early February and end in early April with the opportunity for post-season play for qualifying teams. Games are typically Saturdays for ages 10-12 and Sundays for ages 13-17.

Registration and Concussion forms, Birth Certificate and Payment must be received to be registered. **Players may sign up until January 1, 2024, or at their community center until teams are full; the last day to add a new player to an existing team is January 1, 2024.**

#### ▼ BOYS' CUBS BASKETBALL

Ages: 8-9 Fee: \$120

#### ▼ GIRLS' CUBS BASKETBALL

Ages: 8-9 Fee: \$120

#### ▼ BOYS' BASKETBALL

Ages: 10, 11, 12, 13, 14-15, & 16-17 Fee: \$120

#### ▼ GIRLS' BASKETBALL

Ages: 10, 11, 12, 13, & 14-17 Fee: \$120

## GENERAL INFORMATION

### I WANT TO PLAY...HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff.

Call for more information. For some sports (Track and Field, for example) all you need to do is go into your community center to get registered.

2. **Get registered!**

Visit your local community center or go to: [www.seattle.gov/parks/athletics](http://www.seattle.gov/parks/athletics)

3. **Start practices and get ready for fun times!**

Hone your skills and compete against other neighborhood community centers!

*If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.*

### YOUTH TRACK AND FIELD

#### ▼ AGES 5-17 (Age is determined by birth year)

Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Runners register at their neighborhood community center and practices occur at their home track or field. Practices begin the week of March 20th.

Track meets will be held at West Seattle Stadiums and meets begin April 13th at either 9:30 a.m. or 1:30 p.m. Teams will be forming at Community Centers throughout Seattle.

**Registration Opens: February 6, 2024**

**Fee: \$75**

## KNOW ANY COACHES?

Consider volunteering as a coach, or helping with recruitment of our coaches. Our low-cost leagues can't operate without the dedication of our awesome coaches!



# COVID GUIDELINES

## BEFORE YOU VISIT



### CHECK FOR SYMPTOMS

Do not attend programs if you've had a known Covid-19 exposure in the last 14 days or are experiencing unexplained:



FEVER



COUGH



SHORTNESS  
OF BREATH



SORE  
THROAT



MUSCLE &  
HEAD ACHES



CHILLS



LOSS OF SMELL  
OR TASTE



# ADDITIONAL INFORMATION

## PAYMENT

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online by following the directions above. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be canceled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

## FEES AND CHARGES

ARC-Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable. City-Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

## CONFIRMATIONS

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or canceled.

## REFUNDS

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

-A full refund will be issued for any program, activity, or reservation that is canceled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund credit is given if program is canceled due to emergency or weather for the first two canceled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by the Parks OST Manager on a case by case basis.

-Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a service charge.

-Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.

## DROPPING A PROGRAM AFTER THE SECOND SESSION:

If a participant withdraws from a program after the second session of a series, no refund will be given. For full details of the Department's Refund Policy, please see Policy Number O60-P 7.16 which can be found here: [seattle.gov/parks/rentals-and-permits/event-planning-tools/re-funds-reductions-and-waivers](https://seattle.gov/parks/rentals-and-permits/event-planning-tools/re-funds-reductions-and-waivers)

## POOL PERSONAL LESSON REFUND/TRANSFER POLICY

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

## GROUP LESSON REFUND POLICY

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10%.

## CLASS CANCELLATIONS

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a canceled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

## WAITING LISTS

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

## SCHOLARSHIPS

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

## ANTI-DISCRIMINATION

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

## ACCOMMODATION FOR PEOPLE WITH DISABILITIES

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please email: [pbs\\_info@seattle.gov](mailto:pbs_info@seattle.gov). Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

## SPECIAL POPULATIONS

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: [seattle.gov/parks/recreation/for-people-with-disabilities](https://seattle.gov/parks/recreation/for-people-with-disabilities).

## INTERESTED IN TEACHING?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

## INSURANCE

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers your child's participation in all gymnastics, tumbling, parkour, or circus arts classes at SPR facilities for one year from the date of purchase. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

## MORE INFORMATION

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at [www.seattle.gov/parks](https://www.seattle.gov/parks), or call our Public Information line, 206-684-4075.



# SPECIALIZED PROGRAMS

**Seattle Parks and Recreation's Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with disabilities.**

We provide recreation programs for all ages. Currently, we are offering smaller in person programs such as: adult social and fitness programs, young adult social programs, and youth afterschool and Saturday programs

To learn more about our programs, call:  
206-684-4950 or check out our website at:  
<https://bit.ly/spr-specialized-programs-home>

